Go Girl!

级数: Improver

编舞者: Sarah Rowlands

拍数: 32

音乐: La Mucara - The Mavericks

Sarah was age 11 when she choreographed this dance.

RIGHT STEP, SLIDE, SAILOR STEP, STEP ½ PIVOT, TRIPLE STEP

- 1-2 Step right to right side, slide left to meet right foot.
- 3&4 Cross right behind left. Step left to left side. Step right in place. (sailor step)
- Optional arm styling, right arm pointing diagonal up, left arm pointing diagonal down
- 5-6 Step left forward. Half pivot turn over right shoulder. End with weigh on right.
- 7&8 Step left in place. Step right in place. Step left in place. (triple step)

RIGHT STEP, SLIDE, SAILOR STEP, STEP ½ PIVOT, TRIPLE STEP

- 9-10 Step right to right side, slide left to meet right foot
- 11&12 Cross right behind left. Step left to left side. Step right in place. (sailor step)

Optional arm styling, right arm pointing diagonal up, left arm pointing diagonal down

- 13-14 Step left forward. Half pivot turn over right shoulder. End with weigh on right.
- 15&16 Step left in place. Step right in place. Step left in place.(triple step)

SIDE ROCKS, ¼ TURNING KICK BALL CHANGES

- 17-18 Rock right on right. Rock onto left in place (side rock)
- 19&20 Kick right forward. Step right in place. Step left quarter to left. (1/4 turning kick ball change)
- 21-22 Rock right on right. Rock onto left in place (side rock)
- 23&24 Kick right forward. Step right in place. Step left quarter to left. (1/4 turning kick ball change)

ROCK STEP, COASTER STEP, CROSS & CROSS

- 25-26 Rock forward on right. Rock back on left.
- 27&28 Step back right. Close left beside right. Step forward right. (coaster step)
- 29-30 Rock left on left. Rock onto right in place.
- 31-32 Cross left in front of right. Step right to side, slightly back. Cross left in front of right.

REPEAT





墙数: 2