

# Glamorous

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Advanced  
编舞者: Tom Clemons (USA)  
音乐: Glamorous - Fergie



Start dance 16 counts in (start counting when the guy speaks) "If you ain't got no money"

## INTRO

1-2-3-4      Toe press right pull foot back, toe press left pull foot back  
5&6      Kick right over left  $\frac{1}{4}$  turn point left foot  
7-8      Drag left foot in, change weight to left

1-2-3-4      Toe press right pull foot back, toe press left pull foot back  
5&6      Kick right over left  $\frac{1}{4}$  turn point left foot  
7-8      Step on left foot, point right foot

&1      Rock out right foot cross over left  
2-3      Sweep left foot around and across right  
4      Hold  
5-6      Drag left foot  
&7      Step out right and left foot in a stance  
&8      Slight bend right knee in roll out push up on toes and back to stance

1-2-3-4      Toe press right pull foot back, toe press left pull foot back  
5&6      Kick right over left  $\frac{1}{4}$  turn point left foot  
7-8      Kick left foot up behind (flick),  $\frac{1}{4}$  turn step on left foot on (12:00)

## THE MAIN DANCE

1-2-3&4      Walk right walk left, tap right behind left (west coast style), put weight on right foot on  
5-6      Step back on left, drag right foot on  
&7      Step back on right, change weight to left  
8       $\frac{1}{4}$  turn cross right over left

1-2-3-4      Sweep left across right foot, drag left foot  
&5-6      Step back on left change weight to right foot,  $\frac{1}{4}$  turn, cross left over right foot, put weight on left foot  
7-8      Point right foot, hold

&1      Change weight to right foot cross left over right foot  
2      Step out right foot to the side shift weight to right  
3&4      Step left foot behind right shifting weight to left  
5&6      Right behind left, step out left step  $\frac{1}{4}$  turn right beside left  
7-8      Toe press left, hitch left on

1-2-3      Kick left foot back from hitch position  $\frac{1}{2}$  turn step down on left foot  
4-5-6      Touch right toe forward, touch right toe behind,  $\frac{1}{2}$  turn  
7&8      Coaster step right

&1-2-3-4      Shift weight to left step forward on right, kick left toe forward keep left in air  $\frac{1}{2}$  turn on, step forward onto left foot  
5&6       $\frac{1}{4}$  turn point right toe out shift point left toe

- 7&8 Left knee in toward right knee push left knee out,  $\frac{1}{4}$  turn step down left
- 1&2 Kick right foot forward  $\frac{1}{4}$  turn shift weight to right, point left toe
- 3&4 Left knee in toward right knee push left knee out,  $\frac{1}{4}$  turn step down left
- 5-6 Press forward on left toe (shoulders forward) shift weight back left heel (shoulders back)
- 7&8 Kick right foot forward  $\frac{1}{4}$  turn shift weight to right, point left toe
- 1&2 Left knee in toward right knee push left knee out,  $\frac{1}{4}$  turn step down left
- 3-4 Press forward on left toe (shoulders forward) shift weight back left heel (shoulders back)
- 5&6 Kick right foot forward  $\frac{1}{4}$  turn shift weight to right, point left toe
- 7&8 Left knee in toward right knee push left knee out,  $\frac{1}{4}$  turn step down left
- 1&2 Kick right foot forward  $\frac{1}{4}$  turn shift weight to right, point left toe
- 3&4 Left knee in toward right knee push left knee out,  $\frac{1}{4}$  turn step down left
- 5 Step forward
- 6-7-8 Kick left toe forward, keep left in air  $\frac{1}{2}$  turn on, step forward onto left foot

**REPEAT**

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