

Gladstone Boogie

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Phil Dennington (UK)
音乐: Boogie Woogie Sheriff - Dave Sheriff



RIGHT AND LEFT FOOT SWIVELS

- 1-4 Fan right toe 45 degrees to right, fan right heel 45 degrees to right, swivel right heel back to center, swivel right toe back to center
5-8 Repeat steps 1-4 with left foot

HEELS AND STEP FORWARD

- 1&2 Touch right heel forward, lift right heel & step right foot down
3&4 Touch left heel forward, lift left heel & step left foot down
5&6 Touch right heel forward, lift right heel & step right foot down
7&8 Touch left heel be-side right foot, lift left heel & step be-side right

Above steps done in bouncy strut attitude

SIDE TOUCHES, WALKS BACK ¼ TURN RIGHT

- 1-2 Touch right toe to right side, bring right beside left
3-4 Touch left toe to left side, bring left beside right
5-6 Walk back right, walk back left
7-8 Step right ¼ to right, bring left foot to right (take weight)

RIGHT HEEL & TOE, CROSS RIGHT HOOK

- 1-2 Touch right heel forward, touch right toe next to left
3-4 Touch right heel forward, touch right toe across left foot
5-6 Touch right heel forward, hook right leg in front of left
7-8 Touch right heel forward, step right beside left

LEFT HEEL & TOE, CROSS LEFT HOOK

- 1-8 Repeat above steps 1-8 with left foot

RIGHT & LEFT HEEL SWITCHES

- 1&2 Touch right heel forward, step right in place, touch left heel forward
&3-4 Left step in place, right heel touch forward, hold & clap
&5 Right heel in place, left heel touch forward
&6 Left step in place, right heel touch forward
&7-8 Right step in place, left heel touch forward, hold & clap

RIGHT & LEFT VINES

- 1-2 Left step left, right cross behind left
3-4 Left step left, touch right next to left
5-6 Right step right, left cross behind right
7-8 Right step right, stomp left beside right

REPEAT
