

Glad All Over

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lizzie Clarke (SCO)
音乐: Glad All Over - Greyhound Express



CROSS-BACK-SIDE-CROSS-BACK-SIDE, BEHIND POINT

1-3 Cross right over left, step back on left, step right to side (slightly forward)
4-6 Cross left over right, step back on right, step left to side (slightly forward)
7-8 Cross step right behind left, point left toe to left side

CROSS-POINT-CROSS POINT-STEP FORWARD & BOUNCE ½ TURN RIGHT X 3

9-10 Cross step left in front of right, point right toe to right side
11-12 Cross step right in front of left, point left toe to left side
13-16 Cross step left in front of right, lifting heels off floor bounce ½ turn right x 3

SHUFFLE BACK-TRIPLE ½ TURN-¼ TURN HOLD, ½ TURN HOLD

17&18 Shuffle back on right-left-right
19&20 Triple step on left-right-left making ½ turn left
21-22 Step forward on right ¼ turn left hold & clap
23-24 Weight on right foot turn ½ turn left, step to left side, hold & clap

ROCK RECOVER-¼ RIGHT SIDE SHUFFLE-CROSS BACK-SIDE CROSS-POINT-¼ TURN

25-26 Rock forward right-recover back on left
27&28 Turn ¼ right, step right to side, step left beside right, step right to side
29-30 Cross left over right-step back on right
31&32 Step to left side & cross right over left-point left toe to left side-turn ¼ left

HEEL-TOE, HEEL-HEEL, SHUFFLE-PIVOT ½ TURN

33-36 Tap left heel-tap left toe- tap left heel twice
37&38 Shuffle forward on left-right-left
39-40 Step forward on right-pivot ½ turn left

HEEL-TOE, HEEL-HEEL, SHUFFLE-PIVOT ½ TURN

41-48 Repeat steps 33-40 on right foot, pivoting ½ turn right

HEEL-TOE, HEEL-HEEL, SHUFFLE, ROCK RECOVER

49-52 Tap left heel-tap left toe-tap left heel twice
53&54 Shuffle forward on left-right-left
55-56 Rock forward on right-recover on left

TOE STRUTS BACK X 4 WITH SHIMMIES

57-60 Touch right toe back-snap heel down, touch left toe back-snap heel down
61-64 Touch right toe back-snap heel down, touch left toe back-snap heel down

Shimmy shoulders on these last eight counts, looks good

REPEAT