

# Glad All Over

拍数: 64                      墙数: 4                      级数: Intermediate  
编舞者: Lizzie Clarke (SCO)  
音乐: Glad All Over - Greyhound Express



## **CROSS-BACK-SIDE-CROSS-BACK-SIDE, BEHIND POINT**

1-3                      Cross right over left, step back on left, step right to side (slightly forward)  
4-6                      Cross left over right, step back on right, step left to side (slightly forward)  
7-8                      Cross step right behind left, point left toe to left side

## **CROSS-POINT-CROSS POINT-STEP FORWARD & BOUNCE ½ TURN RIGHT X 3**

9-10                     Cross step left in front of right, point right toe to right side  
11-12                    Cross step right in front of left, point left toe to left side  
13-16                    Cross step left in front of right, lifting heels off floor bounce ½ turn right x 3

## **SHUFFLE BACK-TRIPLE ½ TURN-¼ TURN HOLD, ½ TURN HOLD**

17&18                    Shuffle back on right-left-right  
19&20                    Triple step on left-right-left making ½ turn left  
21-22                    Step forward on right ¼ turn left hold & clap  
23-24                    Weight on right foot turn ½ turn left, step to left side, hold & clap

## **ROCK RECOVER-¼ RIGHT SIDE SHUFFLE-CROSS BACK-SIDE CROSS-POINT-¼ TURN**

25-26                    Rock forward right-recover back on left  
27&28                    Turn ¼ right, step right to side, step left beside right, step right to side  
29-30                    Cross left over right-step back on right  
31&32                    Step to left side & cross right over left-point left toe to left side-turn ¼ left

## **HEEL-TOE, HEEL-HEEL, SHUFFLE-PIVOT ½ TURN**

33-36                    Tap left heel-tap left toe- tap left heel twice  
37&38                    Shuffle forward on left-right-left  
39-40                    Step forward on right-pivot ½ turn left

## **HEEL-TOE, HEEL-HEEL, SHUFFLE-PIVOT ½ TURN**

41-48                    Repeat steps 33-40 on right foot, pivoting ½ turn right

## **HEEL-TOE, HEEL-HEEL, SHUFFLE, ROCK RECOVER**

49-52                    Tap left heel-tap left toe-tap left heel twice  
53&54                    Shuffle forward on left-right-left  
55-56                    Rock forward on right-recover on left

## **TOE STRUTS BACK X 4 WITH SHIMMIES**

57-60                    Touch right toe back-snap heel down, touch left toe back-snap heel down  
61-64                    Touch right toe back-snap heel down, touch left toe back-snap heel down

**Shimmy shoulders on these last eight counts, looks good**

**REPEAT**