

# Give It Up

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver west coast swing  
编舞者: Al Marshall (USA)  
音乐: Give It Up (Give In) - Marcia Ball



---

## FORWARD TRIPLE, STEP, LUNGE, ROCK AND SWAY, BACK, TOUCH

1&2-3-4      Step right forward, left beside right, right forward, left forward, right long diagonal forward  
5&6-7-8      Recover on left swinging hips diagonal back-forward-back (left-right-left), step right back,  
touch left toe to left side

## CROSS TRIPLE, RONDE CROSS TRIPLE

9&10-11&12      Step left cross right, right behind left, left cross right, swing (ronde in one count) right around  
in front of left, left behind right, right cross left

## ROCK, RECOVER, CHASSE LEFT, CROSS TRIPLE, RONDE, RONDE

13-14-15&16      Step left diagonal forward, recover on right ¼ turn to left, step left to left, right beside left, left  
to left  
17&18-19-20      Step right cross left, left behind right, right cross left, swing left around in front of right, swing  
right around in front of left

## BACK TRIPLE, BACK TRIPLE, RONDE, RONDE, HEEL SWITCHES

21&22-23&24      Step left diagonal back to left, right beside left, left diagonal back, step right diagonal back to  
right, left beside right, right diagonal back  
25-26&27&28      Swing left around behind right, swing right around behind left, left back, right heel forward,  
right back, left heel forward

## FORWARD LEFT, LOCK RIGHT, LEFT TRIPLE

29-30-31&32      Step left forward, lock right behind left, left forward, right beside left, left forward

**REPEAT**

---