

Give It Up

拍数: 64 墙数: 2 级数: Intermediate
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音乐: I Have to Surrender - Ty Herndon



SIDE & SIDE, STEP, SCUFF, ROCK, COASTER STEP

1&2 Touch right toe to side, & touch right toe next left, touch right toe to side
3-4-5-6 Step forward right, scuff left forward, rock forward left, take weight back right
7&8 Coaster step left-right-left, (alternate step; full turn over left stepping left-right-left)

ROCK FORWARD, BACK, ½ TURN, SHUFFLE, FULL TURN, ½ TURN

1-2-3&4 Rock forward right, take weight left, ½ turn right shuffle forward right-left-right
5-6 Full turn forward step left-right, (alternate step walk forward left-right,)
7&8 Step left forward, & ½ turn right step right forward, step left forward

ROCK, CROSS SHUFFLE, ½ TURN STEP, ½ TURN STEP

1-2-3&4 Rock right to side, replace weight left, cross shuffle right-left-right
5-6 Step left to side, ½ turn right step right to side
7&8 Step left over right, & step right to side, ½ turn left step left forward

ROCK FORWARD, BACK, COASTER, ROCK FORWARD, BACK, ¾ CHA-CHA

1-2-3&4 Rock forward right, take weight left, coaster step right-left-right
Alternate step: full turn over right step right-left-right
5-6-7&8 Rock forward left, take weight right, ¾ turn over left step left-right-left

HEEL BALL STEP, ½ TURN, ½ PIVOT, CROSS SAMBA STEP

1&2 Touch right heel forward, & step right forward next to left, step forward left
3&4-5-6 Step forward right, & ½ turn left step left forward, step right forward, step left forward, ½ pivot
turn right weight on right
7&8 (Cross samba step) step left across right, & step right to side, step forward left

CROSS OVER, HOLD, & CROSS, ¼ TURN, ½ PIVOT, SHUFFLE FORWARD

1-2&3-4 Cross step right over left, hold, & step left slightly to side, step right over left, ¼ turn left step
left forward
5-6-7&8 Step right forward, ½ pivot turn left take weight left, shuffle forward right-left-right

Restart during wall 2 here

ROCK FORWARD, BACK, & ROCK BACK, FORWARD, ROCK FORWARD, BACK, & ROCK BACK, FORWARD

1-2&3-4 Rock forward left, rock back right, & step left back next right, rock back on right, rock forward
left
5-6&7-8 Rock forward right, rock back on left, & step right back next left. Rock back left, rock forward
right

¼ TURN PIVOT, CROSS SHUFFLE, ¼ COASTER STEP, STEP, TOUCH

1-2-3&4 Step left forward, ¼ pivot turn right take weight right, cross shuffle left-right-left
5&6-7-8 Step right to side, & ¼ turn left step left back, step right forward, step forward left, touch right
next to left

REPEAT

RESTART

During wall 2 where marked, replace shuffle forward with walk right, left. Start again

