

# Give It All Up!

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Sandra Le Brocq  
音乐: One of Those Days - Whitney Houston



## KICK, STEP, TOUCH, STEP, SIDE STEP, TOGETHER

1&2      Kick right foot forward, step right foot beside left, touch ball of left foot beside right  
&3-4      Step left foot slightly to left, step right foot to right side (bending right knee), close left foot beside right

## OPEN HIP WALK TWICE, COASTER STEP WITH ½ TURN RIGHT

5-6      Lifting right hip & knee step forward slightly to the right on right foot. Lifting left hip & knee step forward & slightly to the left on left foot  
7&8      ¼ turn to right stepping back on ball of right foot, ¼ turn to right stepping left foot beside right, step forward on right foot (6:00)

## ROCK, RECOVER, BEHIND-SIDE-CROSS WEAVE

1-2      Rock to left side on left foot, recover weight on right foot  
3&4      Step left behind right, step right to right side, cross step left foot in front of right

## ROCK, RECOVER, ¾ TURN TO RIGHT, CHASSE FORWARD

5-6      Rock to right side on right foot, recover weight on left foot  
7      ¾ turn to right closing right foot beside left (keep weight on left foot)  
8&1      Step forward on right foot, step ball of left foot behind right, step forward on right foot (3:00)

## HITCH, REPLACE, STEP, TOGETHER WITH ¼ TURN LEFT

2&      Hitch left knee forward, replace ball of left foot behind  
3-4      Step right foot in place, ¼ turn to left closing left foot beside right (12:00)

## SIDE TOUCH, TOGETHER TOUCH, BRUSH WITH RONDE, COASTER WITH ½ TURN LEFT

5-6      Bending left knee touch right foot out to side, straighten left knee touching right foot beside left (right knee slightly crossed over left)  
&7      Step down on right foot, brush left foot forward & sweep leg around to back  
8&1      ¼ turn to left stepping back on ball of left foot, ¼ turn to left stepping right foot beside left, step forward on left (6:00)

## KICK, BALL-CROSS, SIDESTEP

2&3      Kick right foot to side, step down on right foot, cross step left foot in front of right  
4      Step right foot to side

## COASTER STEP WITH ¼ TURN LEFT, TOUCH FORWARD, TOUCH BACK

5&6      Step ball of left foot behind right, ¼ turn to left stepping right foot beside left, step forward on left foot  
&7      Bending left knee slightly lift right foot, straighten left knee touching right foot to front  
&8      Bending left knee slightly lift right foot, straighten left knee touching right foot to back (3:00)

## REPEAT