

Girlz Girlz Girlz

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Larry Hayden (UK)
音乐: Girls Girls Girls - Sailor



CHARLESTONS

1-2 Touch right toe forward, step right next to left
3-4 Touch left toe back, step left next to right
5-8 Repeat first 4 counts

VINE 2, CHASSE, CROSS ROCK, ROCK AND CROSS

1-2 Step right to right side, step left next to right (alt full turn to right)
3&4 Chasse to right
5-6 Cross rock left over right, recover onto right (alt cross over and full unwind to right)
7&8 Rock left out to left side, recover onto right, cross left over right

ROCK AND CROSS, QUICK WEAVE TO LEFT, SAILOR DIG AND CROSS

1&2 Rock right out to right side, recover onto left, cross right over left
&3&4 Step left out to left side, cross right behind left, step left to left side, cross right over left
5 Step left to left side
6&7 Step right behind left, step left to left side, dig right heel forward to 1:00
&8 Step down on right, cross left over right

STEP, SAILOR DIG, CROSS SHUFFLE, STEP, SAILOR DIG

1 Step right to right side
2&3 Step left behind right, step right to right side, dig left heel forward to 11:00
&4&5 Step down on left, cross right over left, step left to left side, cross right over left
6 Step left to left side
7&8& Step right behind left, step left to left side, dig right heel forward to 1:00, step down on right
(alt 7&8 right sailor step)

QUICK WEAVE TO RIGHT, SAILOR DIG, CROSS UNWIND ½ TURN, SAILOR WITH A CROSS

1&2& Cross left over right, step right to right side, step left behind right, step right to right
3&4& Cross left over right, step right to right side, dig left heel forward to 11:00, step down on left
5-6 Cross right over left, unwind ½ turn to left (weigh finishes on right)
7&8 Cross left behind right, step right to right side, cross left over right

ROCK, PADDLE WHOLE TURN, QUICK JAZZ BOX WITH ¼ TURN

1-2 Rock right to right side, recover onto left
&3&4 Turn ¼ turn left hitching right knee, touch right toe to right side, turn ¼ turn left hitching right knee, touch right toe to right side
&5&6 Turn ¼ turn left hitching right knee, touch right toe to right side, turn ¼ turn left hitching right knee, touch right toe to right side

Alternative: don't turn. Just hitch and point in place. Styling for both: use hands and shoulders in an up and down motion in time with the hitch and points

7&8 Cross right over left, step back on left, turning ¼ turn right step forward on right

KICK AND POINT TWICE, ROCK AND SHUFFLE ½ TURN

1&2 Kick left forward, step left next to right, point right to right side
3&4 Kick right forward, step right next to left, point left to left side
5-6 Rock forward onto left, recover
7&8 ½ turning shuffle to left stepping left, right, left

¼ PIVOT, CROSS OVER SHUFFLE, 2 STEP ½ TURN, CROSS OVER SHUFFLE

1-2 Step forward on right, ¼ pivot to left

Tag 1 goes here on wall 2

3&4 Right cross over shuffle

Tag 2 goes here on wall 3

5-6 Step back on left turning ¼ right, turn ¼ right and step right out to right side

7&8 Left cross over shuffle

REPEAT

TAG 1

STEP TOGETHER, PIGEON TOES

3&4 Step right next to left, split both heel out, bring heels together with weigh on left

Start again from the beginning

TAG 2

STEP TOGETHER, PIGEON TOES

5&6 Step left next to right, split both heel out, bring heels together with weigh on left

Start again from the beginning
