

Girls!

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Some Girls Will - The Dean Brothers



HEEL, STEP, HEEL, STEP, KICK, STOMPS, CLAP

1-2 Touch right heel forward, step forward on right
3-4 Touch left heel forward, step forward on left
5-6 Kick right forward, stomp right to right
7-8 Stomp-up left beside right, clap

HEEL, STEP, HEEL, STEP, KICK, STOMPS, CLAP

9-10 Touch left heel forward, step back on left
11-12 Touch right heel forward, step back on right
13-14 Kick left forward, stomp left to left
15-16 Stomp right beside left, clap

¼ TURN, LONG STEP, DRAG, STEP, HOLD, BACK, STOMPS, HOLD

17-18 Make ¼ turn right and step right long step to right (option: spread both arms out to sides on count 17), drag left towards right
19-20 Step left beside right, hold
21-22 Step back on right, stomp left forward
23-24 Stomp right beside left, hold

STEP, LOCK, STEP, HOLD, GALLOP FORWARD, STOMPS

25-26 Step forward on left, lock right behind left
27-28 Step forward on left, hold
29&30& Step forward on right, step ball of left beside right heel, step forward on right, step ball of left beside right heel (galloping movement)
31-32 Stomp right forward, stomp left beside right

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, BACK, KICK

33-34 Step right diagonally forward right, touch left beside right (click fingers)
35-36 Step left diagonally forward left, touch right beside left (click fingers)
37-38 Step forward on right (bending forward), touch left toe behind right heel (click fingers)
39-40 Step back on left (straightening legs), kick right forward

ROCK, RECOVER, SUGARFOOT, STEP, SUGARFOOT, STEP

41-42 Rock back on right, recover forward on left
43-45 Touch right toe beside left in-step, touch right heel beside left in-step, step right across left
46-48 Touch left toe beside right in-step, touch left heel beside right in-step, step left across right

REVERSE TOE STRUTS, ¼ TURN, STEP, TOUCH, POINT, HIP SLAPS

49-50 Step right toe back, drop right heel to floor
51-52 Step left toe back, drop left heel to floor
53-54 Make ¼ turn right and step right to right, touch left beside right
55-56 Point left to left, hold and slap both hands on hips (front pockets)

KNEE BENDS AND HIP BUMPS, HOLD, BACK, HOOK, STOMP

57-58 Bend both knees, bump hips left while straightening knees
59-60 Bend both knees, bump hips right while straightening knees
61-62 Bump hips left (with attitude), hold

63-64

Step back on right and hook left across right shin, stomp left forward

REPEAT
