

# Girl, Get A Life

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Raelene Brown (AUS)  
音乐: Please Mr. Postman - Carpenters



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1-4            Toe strut right forward diagonally right, toe strut left forward diagonally left  
5&6           (Right sailor) step right behind left, step left to left side, step right to center  
7-8            Rock/step left across behind right, rock forward onto right

1&2            Shuffle to the left left-right-left  
3-4            Touch right toe behind left, unwind  $\frac{3}{4}$  right (weight coming out on right)  
5-6            Step left forward, pivot  $\frac{1}{4}$  right  
7&8            (Cross shuffle) cross left over right, step right to right side, cross left over right

1-2            Rock/step right to right side (angling body diagonally left), return weight to left  
&3-4           Step right beside left, cross left over right, hold  
5-6            Step right to right side, pivot  $\frac{1}{2}$  left on right foot and step left to left side (now facing back)  
7-8            Cross/rock right over left, rock back onto left

1-2            Step right to right side, hold  
&3-4           Step left beside right, step/rock right to right side, return weight to left  
5&6            (Kick ball change) kick right forward, step right beside left, step left slightly forward  
7&8&          Right heel forward diagonally right, step right beside left, left heel forward diagonally left, step  
left beside right

**REPEAT**

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