

Gimme Some Sugar

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Gary McIntyre (CAN)
音乐: Sugar - Sammy Kershaw

墙数: 4

级数: Intermediate west coast swing



WALKS BACK, TURNING TRIPLE FORWARD, ¼ TURN, SIDE, TOUCH

- 1 Step left foot back
- 2 Step right foot back
- 3 Step left foot back
- 4 Step right foot back, 1/8 turn left
- 5 Hook left foot behind right foot, ¼ turn left
- & Step right foot in place, 1/8 turn left
- 6 Step left foot forward (6:00)
- 7 Step right foot forward, ¼ turn right
- & Step left foot to the side (face 9:00)
- 8 Tap right foot next to left foot

DOUBLE PRESS, BODY ROLL, BALL CHANGE

- 1 Step right foot to the side, ¼ turn right
- 2 Step left foot next to right foot (face 12:00)
- & Reach right foot back taking part weight
- 3 Take weight to left foot in a pressing action
- & Reach right foot back taking part weight
- 4 Take weight to left foot in a pressing action
- 5 Step right foot forward with body roll up
- 6 Step left foot next to right foot
- 7 Hold
- & Take weight to left foot
- 8 Take weight to right foot

BOX WALK, TRIPLE, KNEE PULSE

- 1 Step left foot to the side, ¼ turn right
- 2 Step right foot to the side, ¼ turn right
- 3 Step left foot to the side, ¼ turn right
- 4 Step right foot to the side (face 9:00)
- 5 Step left foot behind right foot
- & Recover weight to right foot
- 6 Step left foot forward to 7:30
- 7 Step right foot forward to 9:00
- & Step left foot next to right foot
- 8 Step right foot back

&, CROSS, HOLD, ¼ TURN, & CROSS HOLD, ¾ TURN RIGHT

- & Step left foot back
- 1 Cross right foot in front of left foot
- 2 Hold, ¼ turn right (face 12:00)
- & Step left foot to the side
- 3 Cross right foot in front of left foot
- 4 Hold, start turning slowly right
- & Step left foot to the side continuing turning right
- 5 Cross right foot in front of left foot

&6-8

Repeat &5 three times to finish $\frac{3}{4}$ turn right (face 9:00)

REPEAT
