

# Gimme Pain

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jessie Fellows (UK)  
音乐: Ordinary Pain (Inorants Remix) - Nina Jayne



## TOE SWITCHES, & CROSS POINT, HEEL BOUNCES, BODY POPS

1&2&      Point right to right, close right, point left to left, close left  
3-4      Cross right over left, point left to left  
5-6      Bounce left heel, bounce left heel  
7&8      Pop body forward, pop body back, pop body forward

## & WALK, WALK, SIDE SCISSOR CROSS, SIDE ROCK, LEFT SAILOR STEP

&1-2      Close left, walk forward right, walk forward left  
3&4      Rock right to right, close left, cross right over left  
5-6      Rock left to left, recover right  
7&8      Cross left behind right, step right to right, step left to left

## ½ PIVOT TURN, TRIPLE FULL TURN, ROCK AND CROSS AND CROSS, SIDE CLOSE KICK

1-2      Step right forward, pivot ½ left  
3&4      Make ½ left stepping right back, make ½ left stepping left forward, step right forward  
5&6&      Rock left to left, recover right, cross left over right, step right to right  
7&8      Cross left over right, step right to right, close left pushing right foot to right into a kick

## RIGHT SAILOR STEP, LEFT SAILOR STEP, BEHIND AND BEHIND SIDE, ROCK RECOVER SCUFF HITCH

1&2      Cross right behind left, step left to left, step right to right  
3&4      Cross left behind right, step right to right, step left to left  
5&6&      Cross right behind left, step left to left, cross right behind left, step left to left  
7&8&      Rock right to right, recover left, scuff right forward, hitch right knee

## REPEAT

## RESTART

On wall 6 (facing back wall) dance the first 6 counts then restart the dance from the first step

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