

Gimme Hope

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Give Me Hope Joanna - Eddy Grant



ROCK FORWARD RIGHT, TOUCH, RECOVER LEFT, TRIPLE ½ TURN LEFT, LEFT BACKWARD COASTER STEP

1-2-3 Rock forward right, touch left behind right, recover back onto left
4&5 ½ turn to the left stepping right, left, right
6&7 Step back left, step right next to left, step left forward

HEEL DIG, HOOK, REPLACE, ¼ TURNING LEFT SHUFFLE, ½ PIVOT TURN LEFT, SHUFFLE

8&9 Dig right heel forward, hook right across left, step right beside left
10&11 ¼ turning left shuffle stepping left, right, left
12-13 Step forward right, ½ pivot turn left placing weight on left
14&15 Shuffle forward right, left, right

MAMBO FORWARD ON LEFT, MAMBO BACK ON RIGHT, ¼ PIVOT TURN RIGHT, CROSS LEFT OVER RIGHT, STEP RIGHT TO RIGHT SIDE

16&17 Rock forward on the left, recover on the right, replace left beside right
18&19 Rock back on the right, recover on the left, replace right beside left
20-21 Step forward on left, ¼ pivot turn to the right placing weight on right
22-23 Step left over right, step right to right side

¼ TURNING LEFT SAILOR STEP, CROSS RIGHT OVER LEFT, STEP LEFT TO LEFT SIDE ¼ TURNING RIGHT SAILOR STEP, CROSSING SHUFFLE LEFT OVER RIGHT TRAVELING RIGHT

24&25 ¼ turning left step left behind right, step right beside left, step left forward
26-27 Step right over left, step left to left side
28&29 ¼ turning right step right behind left, step left beside right step right forward
30&31 Cross left over right, step right next to left, step left forward

These steps are identical to the cross step, side step, sailor step of Jose Cuervo '97 by Max Perry

¼ TURN LEFT STEPPING BACK ON RIGHT, ½ TURN LEFT STEPPING BACK ON LEFT BEHIND RIGHT, RIGHT COASTER STEP, FULL PIVOT TURN RIGHT, SHUFFLE FORWARD LEFT, RIGHT, LEFT

32-33 Step back on right at the same time ¼ turning left, step back on left completing the ¼ turn
34&35 Step right back, step left beside right, step right forward
36 Pivoting ½ on right foot, turn right stepping back onto left
37 Pivoting ½ turn on left foot, turn right stepping onto right
38&39 Step forward left, step right next to left, step forward left

RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS, HEEL DIG, HOOK, REPLACE, LEFT COASTER STEP, STEP RIGHT BACK, STEP LEFT NEXT TO RIGHT

40&41 Rock right out to right side, recover on left, cross right over left,
42&43 Rock left out to left side, recover on right, cross left over right
44&45 Dig right heel forward, hook right over left, step right beside left
46&47 Step left back, step right next to left, step left forward
48& Step right back, step left next to right

Count 1 of the sequence completes the final right coaster step as in an eight and one cha-cha.

REPEAT