

Gimme A Break

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: I Need A Break - Noah Gordon



CROSS, TOUCH, KICK, CROSS, ROCK, RECOVER, STEP BACK, POINT

1-2 Step left over right, touch right toe beside left
3-4 Kick right forward, step right over left
5-6 Rock diagonally back left, recover onto right
7-8 Step left behind right, point right to right side

CROSS, SIDE, BEHIND, SIDE, TOUCH, STEP, FULL TURN

9-10 Cross right over left, step left to left side
11-12 Cross right behind left, step left to left side
13-14 Touch right beside left, step right to right side
15-16 Step left right while turning 1¼ turns right

SHUFFLE LEFT-RIGHT-LEFT, POINT HOLD, & ROCK RECOVER, STEP SCUFF ½ TURN

17&18 Shuffle forward left-right-left
19-20 Point right to right side and hold for one
&21-22 Step right beside left, rock forward left, recover onto right
23-24 Step left forward turning ½ turn left, scuff right

SHUFFLE RIGHT-LEFT-RIGHT, POINT HOLD, & ROCK RECOVER, STEP SCUFF ¾ TURN

25&26 Shuffle forward right-left-right
27-28 Point left to left side and hold for one
&29-30 Step left beside right, rock forward right, recover onto left
31-32 Step right forward turning ¾ turn right, scuff left

SIDE TOGETHER, SHUFFLE LEFT-RIGHT-LEFT, BACK ROCK, FULL TURN

33-34 Step left to left side, step right beside left
35&36 Shuffle left-right-left to the left
37-38 Rock right behind left, recover onto left
39-40 Step right left while turning 1 full turn left

SIDE TOGETHER, SHUFFLE RIGHT-LEFT-RIGHT, BACK ROCK, FULL TURN

41-42 Step right to right side, step left beside right
43&44 Shuffle right-left-right to the right
45-46 Rock left behind right, recover onto right
47-48 Step left right while turning ½ turn right

CROSS KICK, BEHIND SIDE, CROSS KICK, STEP POINT

49-50 Step left over right, kick right forward
51-52 Step right behind left, step left to left side
53-54 Step right over left, kick left forward
55-56 Step left behind right, point right to right side

CROSS ¼ TURN STEP, STEP BACK TOUCH, STEP SCUFF ½ TURN, SHUFFLE RIGHT-LEFT-RIGHT

57-58 Cross right over left and step left back turning ¼ turn right
59-60 Step right back, touch left beside right
61-62 Step left forward and scuff right round ½ turn left

63&64

Shuffle forward right-left-right

REPEAT

TAG

STEP LEFT, STEP RIGHT, KNEE IN, KNEE OUT

After count 64 of wall 1 and count 32 of wall 3

1-2 Step left to left side, step right to right side

3-4 Bend right knee in, bend right knee out (placing weight onto right)

Start the dance over at count 1
