

Giddy Up

拍数: 32 墙数: 4 级数:
编舞者: Rick Wilden (UK)
音乐: Elvira - The Oak Ridge Boys



HIP THRUSTS

Commence with arms extended forward

- 1 Thrust hips forward while pulling arms back
- 2 Thrust hips forward while pulling arms back

TOE STRUTS FORWARD

Optional lasso moves with right arm

- 3 Touch right toe forward
- 4 Lower right heel
- 5 Touch left toe forward
- 6 Lower left heel
- 7 Touch right toe forward
- 8 Lower right heel

¼-TURN TO RIGHT

- 9 Step back left
- 10 Step right back making ¼ turn to right

TOE STRUTS FORWARD

Optional "hitch-hiker" arm moves right, left, right

- 11 Touch left toe forward
- 12 Lower left heel
- 13 Touch right toe forward
- 14 Lower right heel
- 15 Touch left toe forward
- 16 Lower left heel

EXTENDED VINE TO RIGHT WITH STOMPS

- 17 Step to right with right
- 18 Cross left behind right
- 19 Step to right with right
- 20 Cross left in front of right
- 21 Step to right with right
- 22 Touch left beside right
- 23 Stomp left
- 24 Stomp left

EXTENDED VINE TO LEFT WITH STOMPS

- 25 Step to left with left
- 26 Cross right behind left
- 27 Step to left with left
- 28 Cross right in front of left
- 29 Step to left with left
- 30 Touch right beside left
- 31 Stomp right
- 32 Stomp right

REPEAT
