

Giddy Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jo Thompson Szymanski (USA)
音乐: Giddy Up - Rick Tippe



VINE RIGHT, TOGETHER, TWIST RIGHT, CENTER, TWIST RIGHT, CENTER

- 1-3 Step right foot to right side, step left foot crossed behind right, step right foot to right side
- 4 Step left foot beside right, weight on both feet
- 5-6 On balls of both feet, twist heels up to right side, return heels center
- 7-8 On balls of both feet, twist heels up to right side, return heels center

VINE LEFT, ¼ TURN LEFT, BRUSH, STEP FORWARD, HOLD, ½ TURN LEFT, HOLD

- 1-3 Step left foot to left side, step right foot crossed behind left, turn ¼ left, step left foot forward
- 4 Brush ball of right foot forward
- 5-6 Step forward with right foot, hold
- 7-8 Turn ½ left shifting weight forward to left foot, hold

SWING STYLE CHARLESTON STEP

Body should be slightly crouched forward for a swing posture the next 8 counts

- 1 Step forward with right foot
- 2-3 Bend left knee lifting left foot up, kick left foot forward
- 4-5 Bend left knee, left foot off ground, kick left foot back
- 6 Step back with left foot
- 7-8 Rock back with ball of right foot, recover weight forward to left foot

SWIVEL STEPS FORWARD RIGHT, HOLD, LEFT, HOLD, RIGHT, LEFT, RIGHT, LEFT

- 1 Knees bent, swivel on ball of left foot, small step right foot forward to right side with right toe out
- 2 Hold (both toes should be pointing right)
- 3 Knees bent, swivel on ball of right foot, small step left foot forward to left side with left toe out
- 4 Hold (both toes should be pointing left)
- 5 Knees bent, swivel on ball of left foot, step right foot forward to right side with right toe out
- 6 Knees bent, swivel on ball of right foot, step left foot forward to left side with left toe out
- 7 Knees bent, swivel on ball of left foot, step right foot forward to right side with right toe out
- 8 Small step straight forward with left foot, legs straight

REPEAT