

编舞者: Jo Thompson Szymanski (USA)

音乐: Giddy Up - Rick Tippe



VINE RIGHT, TOGETHER, TWIST RIGHT, CENTER, TWIST RIGHT, CENTER

1-3 Step right foot to right side, step	en lett toot crossed behind	right, step right foot to right side
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4 Step left foot beside right, weight on both feet

On balls of both feet, twist heels up to right side, return heels center
On balls of both feet, twist heels up to right side, return heels center

VINE LEFT, 1/4 TURN LEFT, BRUSH, STEP FORWARD, HOLD, 1/2 TURN LEFT, HOLD

1	-3	Ste	p lei	t too	t to I	eft sic	de, si	tep ric	tht foo	ot crossec	l behind	l left.	, turn i	¼ let	t, ster	o let	t toot	torward	

4 Brush ball of right foot forward 5-6 Step forward with right foot, hold

7-8 Turn ½ left shifting weight forward to left foot, hold

SWING STYLE CHARLESTON STEP

Body should be slightly crouched forward for a swing posture the next 8 counts

1 Step forward with right foot

2-3 Bend left knee lifting left foot up, kick left foot forward 4-5 Bend left knee, left foot off ground, kick left foot back

6 Step back with left foot

7-8 Rock back with ball of right foot, recover weight forward to left foot

SWIVEL STEPS FORWARD RIGHT, HOLD, LEFT, HOLD, RIGHT, LEFT, RIGHT, LEFT

1	Knees bent, swivel on ball of left foot, small step right foot forward to right side with right toe
	out
2	Hold (both toes should be pointing right)
3	Knees bent, swivel on ball of right foot, small step left foot forward to left side with left toe out
4	Hold (both toes should be pointing left)

Knees bent, swivel on ball of left foot, step right foot forward to right side with right toe out
Knees bent, swivel on ball of right foot, step left foot forward to left side with left toe out
Knees bent, swivel on ball of left foot, step right foot forward to right side with right toe out

8 Small step straight forward with left foot, legs straight

REPEAT