

Ghost Train

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner straight rhythm
编舞者: Kathy Hunyadi (USA) - December 1997
音乐: Ghost Train (Goin Down Hill Fast) - Australia's Tornadoes



or "Zorba's Dance" by LCD (Dancers' Favorite!)

Thanks to Hillbilly Rick for the music! HillbillyR@aol.com

Dance starts after 32 count intro when using "Ghost Train", after train whistle. Use track #10 (teach) or #12 (dance)

[1-8] STOMPS FORWARD; TOE FANS

1,2,3,4 Stomp R foot forward (1), Fan toes right (2), Center (3), Fan toes right and take weight on R foot (4)
5,6,7,8 Stomp L foot forward (5), Fan toes left (6), Center (7), Fan toes left and take weight on L foot (8)

[9-16] JAZZ BOX, 1/4 TURN RIGHT; JAZZ BOX, 1/4 TURN RIGHT

1,2,3,4 Cross R foot over L (1), Step back on L (2), Turn 1/4 right stepping R forward (3), step L forward (4)
5,6,7,8 Cross R foot over L (5), Step back on L (6), Turn 1/4 right stepping R forward (7), step L forward (8)

[17-24] WEAVE LEFT, CROSS, STEP, 1/4 TURN RIGHT, STEP

1,2,3,4 Cross R foot in front of L (1), Step L to side left (2), Step R foot behind L (3), Step L to side left (4)
5,6,7,8 Cross R foot in front of L (5), Step L to side left (6), Turn 1/4 to right stepping R forward (7), Step L forward (8)

[25-32] STOMP, HOLD, STOMP, HOLD; WALK RIGHT, LEFT, RIGHT, LEFT

1,2,3,4 Stomp R foot forward (1), Hold (2); Stomp L foot forward (3), Hold (4)
5,6,7,8 Walk (or STOMP!) forward R (5), L (6), R (7), L (8)

Begin Again!

Contact: danceordie@cox.net,

Last Update - 4th Aug 2014
