Gettin' Through

拍数: 32

级数: Improver

编舞者: Denise Mitchell & Justin Goodwin

音乐: Bare Essentials - Lee Kernaghan

VINE RIGHT WITH OUTBACK SLAP

1-4 Step side right, step left behind right, step side right, slap the left behind with the right hand.

VINE LEFT WITH OUTBACK SLAP & ¼ TURN LEFT

Step side left, step right behind, left step side left with a 1/4 turn, slap the right behind with the 5-8 left hand

RIGHT 45, LEFT 45 WITH ¼ TURN LEFT

9-12 Right 45, step right together, left 45 with 1/4 turn to left, step left together

RIGHT 45 WITH ¼ TURN LEFT, STOMP LEFT, CLAP

13-16 Right 45, step right together with a 1/4 turn to left, stomp left, clap

KICK RIGHT ACROSS, STEP, KICK LEFT ACROSS, STEP

17-20 Kick right across in front, step right together, kick left across in front, step left together

KICK FORWARD, STEP, TOUCH TOE BACK, STEP TOGETHER

21-24 Kick right forward, step right together, touch left toe back (with hat touch with with right hand) step left together

HEELS OUT, TOES OUT, BOUNCE, BOUNCE

Heel splits out, toe splits out (1/2 of a flim flam), taking the weight slightly forward on balls of 25-28 feet 2 heel bounces

JUMP FORWARD & APART, JUMP FORWARD & TOGETHER, CLAP, CLAP

Jump forward with feet still apart, jump slightly forward with feet together clap, clap 29-32

REPEAT





墙数: 4