

Gettin' Over It

拍数: 48 墙数: 4 级数: Beginner
编舞者: Kathy Hunyadi (USA)
音乐: Gettin' Over It - Ronnie Beard



STEP, TOUCH, AND CLAP (FOUR TIMES)

- 1-2 Step back on right foot at 45 degree angle, touch left foot next to right and clap
- 3-4 Step back on left foot at 45 degree angle, touch right foot next to left and clap
- 5-6 Step forward on right foot at 45 degree angle, touch left foot next to right and clap
- 7-8 Step forward on left foot at 45 degree angle, touch right foot next to left and clap

KICK, KICK, STEP, TOUCH, STEP, SLIDE, STEP, STOMP

- 9-10 Kick right foot forward, kick right foot forward
- 11-12 Step back on right foot, touch left toes back
- 13-14 Step forward on left foot, slide right foot behind and to left of left foot (lock step)
- 15-16 Step forward on left foot, stomp right foot next to left

RIGHT AND LEFT HEEL JACKS (SLOW VAUDEVILLES)

- 17-18 Step side right on right foot, place left heel out at diagonal
- 19-20 Step left foot in place, step right foot next to left
- 21-22 Step side left on left foot, place right heel out at diagonal
- 23-24 Step right foot in place, step left foot next to right

STEP, KICK, AND SCOOT

- 25-26 Step right foot back, kick left foot forward at 45 degrees and scoot back slightly on right foot
- 27-28 Step left foot behind right, kick right foot forward at 45 degrees and scoot back slightly on left foot
- 29-30 Step right foot behind left, kick left foot forward at 45 degrees and scoot back slightly on right foot
- 31-32 Step left foot behind right, kick right foot forward at 45 degrees and scoot back slightly on left foot

GRAPEVINE RIGHT, SCUFF, ¼ TURN LEFT, WALK LEFT RIGHT LEFT, KICK

- 33-34 Step right foot to side, cross step left foot behind right
- 35-36 Step right foot to side, scuff left foot forward
- 37-38 Step on left foot while turning ¼ to left, step forward on right foot
- 39-40 Step forward on left foot, kick right foot forward

TOE-HEEL STRUTS BACK

- 41-42 Step back on ball of right foot, drop right heel
- 43-44 Step back on ball of left foot, drop left heel
- 45-46 Step back on ball of right foot, drop right heel
- 47-48 Step back on ball of left foot, drop left heel

REPEAT
