

Gettin' Out Of Birmingham

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lana Harvey Wilson (USA)
音乐: Birmingham - Scooter Lee



FORWARD ROCK, RECOVER, BACK COASTER, HIP BUMPS

1-2 Rock forward on right, recover back on left
3&4 Step back on right, step left next to right, step forward on right
5-6 Stepping slightly forward on left bump hips left, right
7&8 Bump hips left, right, left, weight ending on left

FORWARD ROCK, BACK COASTER, ½ PIVOT, SHUFFLE

9-10 Rock forward on right, recover back on left
11&12 Step back on right, step left next to right, step forward on right
13-14 Step left forward, pivot ½ right weight ending on right
15&16 Shuffle forward left-right-left

HEEL, TOE, SHUFFLE, HEEL, TOE, ¼ PIVOT

17-18 Touch right heel forward, touch right toe back
19&20 Shuffle forward right-left-right
21-22 Touch left heel forward, touch left toe back
23-24 Step left forward, pivot ¼ right weight ending on right

CROSS ROCK, RECOVER, SIDE SHUFFLE, BACK, DRAG, WALK FORWARD

25-26 Cross rock left over right, recover back on right
27&28 Shuffle left-right-left to left side
29-30 Take a long step back on right, drag left back to right putting weight on it
31-32 Step right forward, step left forward

REPEAT
