

Getting Control

拍数: 64 墙数: 4 级数:
编舞者: Terry Dunbar (AUS)
音乐: Till I Can Gain Control - Crystal Gayle



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- 1-2-3-4 Step left to side, cross right behind left, step left into $\frac{1}{4}$ turn left, turn $\frac{1}{4}$ turn left, step right to side
5-6-7-8 Cross left behind right, turn $\frac{1}{4}$ right step forward right, step forward left, pivot $\frac{1}{2}$ turn right
- 1-2-3-4 Cross left over right, point right to side, cross right over left, point left to left side
5-6-7-8 Cross left over right, point right to side, turn $\frac{1}{2}$ turn right step right together, point left to side
- &1-2&3-4 Step left together, point right to side, hold, step right together, point left to side, hold
&5-6-7&8 Step left together, rock forward right, rock back left, $\frac{1}{2}$ turn right, shuffle right-left-right
- 1-2-3&4 Turn full turn right stepping left-right, shuffle forward left-right-left
5-6-7&8 Rock forward right, rock back on left, lock shuffle back to right diagonal right-left-right
- 1&2-3-4 Lock shuffle back to left diagonal left-right-left, rock back right, rock forward left
5-6-7&8 Rock forward right, rock back left, $\frac{3}{4}$ turn right cha-cha-cha right-left-right
- 1-2-3&4 Rock forward left, back right, full turn left cha-cha-cha left-right-left
5-6-7&8 Rock forward right, back left, full turn right cha-cha-cha right-left-right
- 1-2-3-4 Cross left over right, step right to side, cross left behind right, point right
5-6-7-8 Cross right over left, step left to side, cross right behind left, point left
- 1-2-3&4 Rock forward left, back right, $\frac{1}{2}$ turn left shuffle left-right-left
5-6-7-8 Step forward right, $\frac{1}{4}$ pivot left, cross right over left, hold

REPEAT
