

Get Your Kicks

拍数: 48 墙数: 2 级数: Improver
编舞者: Cathleen Bossaller (USA) & Robin McCracken (USA)
音乐: Route 66 - Manhattan Transfer



TOE-HEEL, ROCK, RECOVER, ROCK, HOLD

- 1-8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel, rock forward on right, recover on left, rock back on right, hold
- 9-16 Touch left toe back, drop left heel, touch right toe back, drop right heel, rock back on left, recover on right, rock forward on left, hold

RIGHT GRAPEVINE, KICK; LEFT GRAPEVINE, KICK

- 17-20 Step right foot to right, cross left foot behind right, step right foot to right, kick left foot toward left diagonal
- 21-24 Step left foot to left, cross right foot behind left, step left foot to left, kick right foot toward right diagonal

FORWARD, KICK, FORWARD, KICK, ROCK BACK, RECOVER, KICK, KICK

- 25-28 Step right foot forward, kick left foot forward, step left foot forward, kick right foot forward
- 29-32 Step right foot back, recover on left, kick right foot twice

STEP FORWARD, TOUCH, ¼ TURN, TOUCH

- 33-36 Step forward on right toward right diagonal, touch left foot beside right, step left foot into ¼ left turn, touch right foot to left
- 37-40 Repeat steps 33-36 (you are now at the back wall)

ROCK BACK, RECOVER, KICK, KICK

- 41-44 Step right foot back, recover on left, kick right foot twice
- 45-48 Repeat steps 41-44

REPEAT
