

# Get Used To This!

拍数: 32      墙数: 4      级数: Improver  
编舞者: Nancy Morgan (USA)  
音乐: Get Used to This - Cyrena



## **CROSS, STEP, SAILOR SHUFFLE, SAILOR SHUFFLE, KICK-BALL-CHANGE**

- 1-2      Cross/step right over left, step left to left side  
3&4      Sailor shuffle - step right behind left, step left foot out to left side, step right foot slightly forward  
5&6      Sailor shuffle - step left behind right, step right foot out to right side, step left foot slightly forward  
7&8      Kick-ball-change - kick right foot forward, step right next to left as you lift right foot off of ground and set it back down

## **SHUFFLE FORWARD, SHUFFLE FORWARD, ½ TURN PIVOT, STEP BACK ½ TURN, STEP FORWARD ½ TURN**

- 1&2      Shuffle forward - right, left, right  
3&4      Shuffle forward - left, right, left  
5-6      Step forward on right, pivot ½ turn to your right (weight is on left)  
7      Step back on your right ½ turn to your right  
8      Step forward on your left ½ turn to your right

**For beginners: on steps 7-8 just walk forward right, left**

## **ROCK FORWARD AND BACK AND WALK, WALK, REPEAT**

- 1&2&      Rock/step forward on right and back on left, rock/step back on right and forward on left  
3-4      Walk forward right, left  
5&6&      Rock/step forward on right and back on left, rock/step back on right and forward on left  
7-8      Walk forward right, left

## **MAMBO MONTEREY, SHUFFLE BACK ¼ TURN, COASTER STEP**

- 1&2      Rock/step right foot out to right side, back on left, turning ½ turn out right foot next to left  
3&4      Side rock left foot out to left side and back on right, cross left over right  
5&6      Turning ¼ turn to your left, shuffle back - right, left, right  
7&8      Coaster step - step back on your left, step back on your right, step forward on your left

**REPEAT**

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