

Get Tuff

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Kathy Janowicz (CAN)
音乐: Tuff Enuff - Wynonna



FOOT SWITCHES, WALK WALK, BODY ROLL

1& Touch right toe forward, bring right foot beside left, changing weight to right
2& Touch left toe to left side, bring left foot beside right, changing weight to left
3& Touch right toe to right side, bring right foot beside left, changing weight to right
4& Touch left toe forward, bring left foot beside right, changing weight to left
5-6 Step right foot forward, step left foot forward
7-8 Keeping weight on left foot roll body up from knees to shoulders

FULL LEFT PADDLE TURN, RIGHT SAILOR, LEFT SAILOR

9& Step forward with right foot, pivot $\frac{1}{4}$ turn left
10& Step forward with right foot, pivot $\frac{1}{4}$ turn left
11& Step forward with right foot, pivot $\frac{1}{4}$ turn left
12& Step forward with right foot, pivot $\frac{1}{4}$ turn left
13&14 Cross right foot behind left, step ball of left foot to left side, step right foot to right side
15&16 Cross left foot behind right, step ball of right foot to right side, step left foot to left side

TWO 4 COUNT SHIMMIES RIGHT

17-20 Big step right with right foot, shimmy as you bring left foot beside for 3 counts
21-24 Big step right with right foot, shimmy as you bring left foot beside for 3 counts

VINE LEFT, $\frac{1}{4}$ TURN LEFT, HITCH, TWO LEFT HALF TURNS

25-26 Step left foot left, step right foot behind left
27-28 Step left foot $\frac{1}{4}$ turn left, hitch right knee
29-30 Step forward with right foot, pivot $\frac{1}{2}$ turn left
31-32 Step forward with right foot, pivot $\frac{1}{2}$ turn

REPEAT
