

# Get Some

**COPPER** **KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Raymond Sarlemijn (NL)  
音乐: She Be the One - Enrique Iglesias



## WALK, WALK, FORWARD SHUFFLE

1            Walk left forward  
2            Walk right forward  
3&4        Shuffle forward left, right, left

## POINT, HOOK, STEP FORWARD SHUFFLE

5            Point right toe in front of left foot  
&            Hook right foot in front of left knee (turning face over left shoulder)  
6            Step forward on right foot  
7&8        Shuffle forward left, right, left

## ½ LEFT, FULL TRIPLE TURN

1            Step forward on right foot  
2            ½ turn left weight on right foot  
3&4        Triple turn right, right left right

## FORWARD SHUFFLE, KICK, JUMP BACK, COLLECT

5&6        Shuffle forward left, right, left  
7            Kick right foot forward  
&            Jump back weight on right foot  
8            Collect left foot next to right

## KICK, KICK, STEP ¼ TURN LEFT

1            Kick right foot diagonal 1/8(14:00)  
&            Step on right foot  
2            Kick left foot diagonal 1/8(14:00)  
&            Step left foot back  
3            Right foot front  
4            ¼ turn left

## CROSS SHUFFLE, SLIDE LEFT

5&6        Right cross over left, left small step side left, right step across left  
7            Left foot long step to left side  
&8        Sliding right foot to left

## TURN ¼ LEFT(PRESSURE STEP)HOLD, TAP HEELS

1            Step ¼ turn left pressure point right toe forward(push upper body forward)  
2            Hold weight on right toe  
3            Tap right heel  
&            Tap right heel  
4            Tap right heel

## SLAP DOWN, SLAP UP, CLAP CLAP, SLAP DOWN, CLAP CLAP

Weight still on right foot forward

5            Slap right hand over right upper leg downwards  
&            Slap right hand back over right leg upwards

- 6 Clap hands
- & Clap hands
- 7 Slap right hand over right upper leg downwards
- & Clap hands
- 8 Both feet together hands above head, right hand in palm of left hand

**SLIDE RIGHT SIDE, SLIDE ¼ LEFT, SLIDE ¼ RIGHT, SLIDE ¼ LEFT**

- 1 Right foot big step to right side(weight on right foot)
- 2 Left foot slide next to right
- 3 Left foot big step to left side ¼ turn left(weight on left foot)
- 4 Right foot slide next to left
- 5 Right foot big step to right side ¼ turn left(weight on right foot)
- 6 Left foot slide next to right
- 7 Left foot big step to left side ¼ turn left(weight on left foot)
- 8 Right foot slide next to left

**WALK, WALK, CROSS BEHIND FULL TURN**

- 1 Walk right foot forward
- 2 Walk left foot forward
- 3 Cross right foot behind left
- &4 Full turn over right shoulder

**JUMP OUT, FRONT, JUMP OUT, BEHIND OUT, STOMP DOWN**

- 5 Jump both feet out (position 2)
- & Weight on left foot, right foot hook in front of left knee
- 6 Weight on both feet (position 2)
- & Weight on right foot, left foot hook behind right knee
- 7 Weight on both feet (position 2)
- & Weight on left foot
- 8 Stomp right foot next to left (weight on right foot)

**The last 4 counts are traveling to the right side**

**REPEAT**

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