

Get Rhythm

拍数: 34 墙数: 4 级数: Intermediate
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: Get Rhythm - Johnny Cash



TOE-HEEL-STOMP, SAILOR, BEHIND-SIDE-CROSS, SIDE ROCK-CROSS

1&2 Touch right toe beside left instep, touch right heel beside left instep, stomp right to right
3&4 Step left behind right, step right to right, step left to left
5&6 Step right behind left, step left to left, step right across left
7&8 Rock left to left, recover onto right, step left across right

SIDE, CROSS, BACK, SIDE, SCUFF, SIDE, SCUFF, SIDE, CROSS, POINT, COASTER

&9-10 Step right to right, step left across right, step right back
&11&12 Step left to left, scuff right forward, step right to right, scuff left forward (keep scuffs small)
&13-14 Step left to left, step right across left, point left to left
15&16 Step left back, step right beside left, step left forward

HEEL & TOE TOUCHES TRAVELING FORWARD, LARGE STEP, TOUCH, SHUFFLE

17&18& Touch right heel forward, step right slightly forward, touch left toe back, step left slightly forward
19&20& Repeat counts 17&18&
21-22 Step right large step forward, touch left beside right
23&24 Shuffle forward stepping left, right, left

STEP, TOE TAPS BACK, ¼ TURN, SIDE SHUFFLE, WEAVE, SIDE ROCK-CROSS, HEEL-BALL-CROSS

25&26 Step right forward, tap left toe twice behind right heel
27&28 Make ¼ turn left and step left to left, step right beside left, step left to left
29&30 Step right behind left, step left to left, step right across left
31&32 Rock left to left, recover onto right, step left across right
33&34 Touch right heel diagonally forward right, step right beside left, step left across right

REPEAT

RESTART

During walls 2 & 6 restart dance after count 32

ENDING

To finish facing the front add the following 3 counts after wall 7

1&2 Step right to right, pivot ¼ turn left, step right forward
3 Scuff left forward