

# Get Over You

拍数: 32      墙数: 4      级数: Improver  
编舞者: Livio (IT)  
音乐: Get Over You - Sophie Ellis-Bextor



## INTRO (OPTIONAL)

Begin intro 16 beats after start of track

### STEP, HOLD

- 1-4            Right foot step forward, hold body for 3 beats in a position like a robot/mannequin (if you have seen the video you will know what I mean)
- 5-8            Left foot step forward, hold body for 3 beats in a position like a robot/mannequin
- 9-16          Repeat 1-8 above

## THE MAIN DANCE

Begin with lyrics

### ROCK, COASTER, ROCK, SHUFFLE, ROCK, SHUFFLE

- 1-2            Right step forward, rock weight onto left
- 3&4           Right coaster step
- 5-6            Left foot step forward, rock weight onto right
- 7&8            Left shuffle forward
- 9-10          Right foot step forward, rock weight onto left
- 11&12        Right shuffle forward

### ROCK, ¾ TURN LEFT

- 13-14        Left foot step forward, rock weight onto right
- 15&16        Left shuffle a ¾ turn left

### SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 17-18        Right step side, rock weight onto left
- 19&20        Right cross shuffle over left
- 21-22        Left step side, rock weight onto right
- 23&24        Left cross shuffle over right

### SIDE, HOLD, &SIDE, HOLD

- 25-26        Right step side, hold
- &27          Left foot step together, right step side
- 28            Left touch

### ROLLIN' VINE LEFT

- 29-32        Left rolling vine to left

### REPEAT

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