

Get Over It

拍数: 32 墙数: 2 级数: Improver
编舞者: Alan Birchall (UK)
音乐: Get Over It - Eagles



TOE POINTS, CROSS UNWIND, SCUFF

- 1-2 Point right to right, touch right by left
- 3-4 Point right to right, point right in front
- 5-6 Point to right, point right behind left
- 7-8 Unwind ½ turn right transferring weight to right, scuff left past right (facing 6:00)

CROSS, SCOOT, JUMP/ROCK, STEP, SCUFF, STEP SCUFF

- 9-10 Cross left over right, taking weight on left scoot back on left (leaning forward right foot raised behind left)
- 11-12 Scoot back on left, jump/rock back on right
- 13-14 Step forward on left, scuff right past left
- 15-16 Step forward on right, scuff left past right

CROSS, STEP BACK, STEP, WEAWE LEFT

- 17-18 Cross left over right, step back on right
- 19-20 Step left to left, cross right over left
- 21-22 Step left to left, right behind left
- 23-24 Step left to left, right over left

HEEL JACKS WITH HOLDS

- &25 Step back on left diagonal, extend right heel
- 26 Hold
- &27 Step right by left, cross left over right
- 28 Hold
- &29 Step back on right diagonal, extend left heel
- 30 Hold
- &31 Step left by right, cross right over left (weight on left)
- 32 Hold

REPEAT

NOTES FOR GARTH BROOKS VERSION

After the third & eighth repetition you are on step 32. There are four extra beats add:

- 1-4 Bounce ½ turn to left

After fifth repetition you are on step 32. There are sixteen extra beats add:

- 1-4 Bounce ½ turn to left
- 5&6 Touch right to right, step right by left, touch left to left
- 7&8 Touch right forward, step right by left, touch left toe back
- 9-12 Bounce ½ turn to left (see note below)
- 13 Stomp right by left
- 14-16 Hold

On the tenth repetition you dance this section up to count 12 then restart from beginning of dance to end.