

# Get Movin'

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Amanda Andrews (USA)  
音乐: Move It On Over - George Thorogood & Travis Tritt



## TOE STRUTS RIGHT, SIDE TO FRONT TOUCHES

1-2      Touch ball of right to right side, drop right heel

### Stylize by adding finger snaps

3-4      Touch ball of left across right, drop left heel

5-6      Touch ball of right to right side, touch ball of right across left

7-8      Touch ball of right to right side, step right next to left

## TOE STRUTS LEFT, SIDE TO FRONT TOUCHES

1-2      Touch ball of left to left side, drop left heel

### Stylize by adding finger snaps

3-4      Touch ball of right across left, drop right heel

5-6      Touch ball of left to left side, touch ball of right across left

7-8      Touch ball of left to left side, step left next to right

## SIDE STEPS RIGHT, SAILOR STEP, ROCK STEP

1-2      Step right to right side, bring left next to right

3-4      Step right to right side, bring left next to right

5&6      Cross right behind left, step left to left, step right in place

7-8      Step left behind right, rock weight to right

## SIDE STEPS LEFT, SAILOR STEP, ROCK STEP

1-2      Step left to left side, bring right next to left

3-4      Step left to left side, bring right next to left

5&6      Cross left behind right, step right to right, step left in place

7-8      Step right behind left, rock weight to left

## RUBBER KNEES (MOVING SLIGHTLY FORWARD)

1-2      Roll right knee out, hold

3-4      Roll left knee out, hold

5-6      Roll right knee out, roll left knee out

7&8      Pop knees together, apart, together

## SHUFFLE FORWARD, PIVOT, SHUFFLE FORWARD, ¼ TURN

1&2      Shuffle forward with right

3-4      Step left forward, pivot ½ turn to right placing weight on right

5&6      Shuffle forward with left

7-8      Step right forward, ¼ turn to left placing weight on left

## FORWARD SAILOR, FORWARD SAILOR, PIVOT, PIVOT

1&2      Cross right over left, step left to left side, step right in place

3&4      Cross left over right, step right to right side, step left in place

5-6      Step right forward, pivot ½ turn to left

7-8      Step right forward, pivot ½ turn to left

## BOOT SLAPS (WITH ¼ TURN), CROSS, ¾ TURN (UNWIND)

1-2      Cross right leg behind left knee, slap boot with left hand, uncross right leg, slap boot with right hand

- 3-4 Cross right leg in front of left knee, slap boot with left hand, uncross right leg making  $\frac{1}{4}$  turn to left, slap boot with right hand
- 5 Cross right over left
- 6-7-8 Unwind from cross making  $\frac{3}{4}$  turn to left

**REPEAT**

**Variation for the last 8 counts**

- 1 Scuff right next to left
- 2 Stomp right down
- 3 Scuff right next to left making  $\frac{1}{4}$  turn to left
- 4 Stomp right down
- 5 Cross right over left
- 6-7-8 Unwind from cross making  $\frac{3}{4}$  turn to left
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