Got A Lot Of Livin' To Do

级数: Intermediate

编舞者: Pat Stott (UK)

拍数: 64

音乐: Got A Lot Of Livin' To Do - John Dean

VINE RIGHT, SWIVEL HEELS, HOLD, VINE LEFT, SWIVEL HEELS, HOLD

- 1-4 Step right to right, cross left behind right, right to right, close left to right
- 5-8 Swivel both heels right, left, right, hold
- 9-12 Step left to left, cross right behind left, step left to left, close
- 13-16 Swivel both heels left, right, left, hold

HEEL GRIND WITH ¼ TURN TO RIGHT, ROCK, RECOVER, HEEL GRIND WITH ¼ TURN TO RIGHT, ROCK, RECOVER

- 17-18 Grind right heel and turn ¼ to right, recover onto left foot
- 19-20 Rock back on ball of right, recover forward onto left
- 21-22 Grind right heel and turn ¼ to right, recover onto left
- 23-24 Rock back on ball of right, recover forward onto left

FORWARD, CLAP, FORWARD, CLAP, BACK, CLAP, BACK, CLAP

- 25-26 Step diagonally forward on right, hold and clap
- 27-28 Step diagonally forward on left, hold and clap
- 29-30 Step diagonally back on right, hold and clap
- 31-32 Step back on left, hold and clap

STEP, LOCK, STEP, ¼ TURN RIGHT AND HITCH, VINE LEFT, HITCH

- 33-35 Step forward on right, lock left behind right, step forward on right
- 36 Turn ¼ to right and hitch left knee
- 37-40 Step left to left, cross right behind left, step left to left, hitch right knee

TOUCH SIDE, FORWARD, SIDE, FLICK BEHIND, STEP, FLICK, STEP, FLICK

- 41-42 Touch right toe to right, touch right toe across and in front of left leg
- 43-44 Touch right toe to right, flick right behind left leg and slap heel with left hand
- 45-46 Step right to right, flick left leg behind right and slap heel with right hand
- 47-48 Step left to left, flick right leg behind left and slap heel with left hand

WEAVE TO RIGHT, LUNGE RIGHT, HOLD AND SNAP FINGERS, ¼ TURN LEFT, HOLD AND SNAP FINGERS, ¼ TURN TO LEFT AND LUNGE RIGHT TO RIGHT SIDE, HOLD AND SNAP FINGERS, RECOVER ONTO LEFT FOOT, SNAP FINGERS

- 49-56 Step right to right, cross left behind right, step right to right, cross left in front of right, step right to right, cross left behind right, step right to right, cross left in front of right
- 57-58 Lunge right to right side, hold and snap fingers of right hand
- 59-60 Turn ¼ to left stepping onto left, hold and snap fingers of right hand
- 61-62 Turn ¼ to left and lunge right to right side, hold and snap fingers
- 63-64 Recover weight onto left, draw right towards left and snap fingers

REPEAT

FINISH

When the music slows down towards the end of the song hold hands with dancers on either side. Step to right, kick left across right, step to left, kick right across left, repeat until the end of the music.





ť

墙数:4