

Goodbye Maria

拍数: 32 墙数: 0 级数:
编舞者: Cindy Brandy
音乐: Goodbye, Maria - BR5-49



BALL CHANGE, ROCK, ½ TURN SHUFFLE FORWARD, FULL TURN, SHUFFLE FORWARD

&1-2 Step back on right-rock forward on left, rock back on right
3&4 Turning ½ turn left-shuffle forward left (left-right-left)
5-6 Stepping forward on right-pivot full turn left (landing forward on left)
7&8 Shuffle forward right (right-left-right)

FORWARD, ¾ TURN, CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

1-2 Step left forward, pivot ½ turn right
3&4 Pivot ¼ turn right-shuffle across in front of right (left-right-left)
5-6 Step right to right side-rock onto right, rock on to left
7&8 Shuffle across in front of left (right-left-right)

SIDE, ¼ TURN, SHUFFLE FORWARD, SIDE TOGETHER SIDE, TOGETHER ¼ TURN HEEL TOGETHER TOE

1-2 Step left to left side, pivot ¼ turn right
3&4 Shuffle forward left (left-right-left)
5&6 Touch right toe to right side-bring right together-touch left toe to left side
&7&8 Bring left foot together turning ¼ turn right - step right heel forward (&7), bring right together - touch left toe back (&8)

HEEL, HEEL, COASTER CROSS, SIDE, TOUCH, SIDE TOGETHER SIDE

1-2 Step forward on left heel, step forward on right heel (balancing on heels)
3&4 Coaster cross (step back left-step back right-cross left over right)
5-6 Step right to right side, touch left beside right
7&8 Step left to left side-bring right together-step left to left side

REPEAT

NOTES

The dance starts after 28 beats (where the vocals begin). After dancing the 32 beat pattern 7 times (right side finish), you add the following steps to lead straight into the waltz:

1-4 Step right forward, pivot ½ turn left, step right forward, pivot ½ turn left

After dancing the 24 beat waltz pattern 5 times (left side finish), you will notice the tempo gradually slows down for the last 6 beats-you will need to feel the music! Add the following steps to return to the 32 beat pattern:

1-2 Stomp right, stomp left (on the beats with the music!)

&1-4 Clap hands (in time with music-&1, 2, 3, 4)

To finish the dance, after dancing the 32 beat pattern 3 times (front wall finish), you add the following steps:

&1-2 Step back on right-rock forward on left, rock back on right

3&4 Coaster step (step back left, step back right, step forward left)

1 Stomp right foot beside left

24 BEAT TWO WALL WALTZ (¾)

FORWARD, STEP, STEP, HEEL, KICK, BACK

1-2-3 Step forward on right, step left beside right, step right in place

1-2-3 Touch left heel to left 45, kick left foot forward, step back on left

CROSS, BACK, BACK, CROSS, BACK, BACK

1-2-3 (Moving back for next 6 beats) cross right over left, step back on left, step back on right

1-2-3 Cross left over right, step back on right, step back on left

FORWARD, STEP, STEP, BACK, STEP, STEP

1-2-3 Step forward on right, step left beside right, step right in place

1-2-3 Step back left, step right beside left, step left in place

BACK ¼ TURN, BACK, FORWARD, ACROSS ¼ TURN, BACK, BACK

1-2-3 Swinging right leg around-step back on right turning ¼ turn right, step back left, step forward right

1-2-3 Swing left foot across right while turning ¼ turn right, step back on right, step back on left

REPEAT
