

# Goodbye Lover

拍数: 56      墙数: 4      级数: Intermediate  
编舞者: Jenny Constantine (UK)  
音乐: Morning Train - Nanci Griffith



## HEEL HOOKS WITH KICKS

- 1-2      Extend right heel forward, hook right heel under left knee
- 3-4      Kick right forward, kick right to right side
- &5-6      Quickly switch weight to right, extending left heel, hook left heel under right knee
- 7-8      Kick left foot forward, kick left to left side

## TOUCH HALF TURNS, STEP LEFT HALF TURN, LEFT TURNING SHUFFLE

- 9-10      Touch left toe behind, turn half turn to left putting weight on left
- 11-12      Touch right toe behind, turn half to right putting weight on right
- 13-14      Step left forward, turn half turn right
- 15&16      Turn half turn right doing a turning shuffle starting on left foot, ending with weight on left

## SYNCOPATED HALF TURN MONTEREYS TRAVELING FORWARD

- 17-18      Point right toe to right side, hold
- &19-20      Turn half turn right quickly switching weight to right moving slightly backwards and point left toe to left side, hold
- &21-22      Quickly switch weight to left moving slightly backwards pointing right to right side, hold
- &23-24      Repeat &19-20 only moving slightly forward not back.

## ROCK STEP, ¾ TURN, SIDE ROCK STEP, LEFT BEHIND, UNWIND HALF TURN

- &25-26      Quickly switch weight to left, rock forward onto right, rock back on left
- 27&28      Do ¾ turning triple step starting on right
- 29-30      Step left to left side and rock weight onto it and back onto right
- 31-32      Touch left behind right, unwind half turn left

## ROCK BACK, FORWARD, LEFT TURNING TRIPLE, LEFT ROCK BACK, JUMPS OUT AND IN

- &33-34      Quickly jump weight back onto right, extending left heel, rock weight onto left
- 35&36      Turn ¾ left doing a triple step starting on right
- 37-38      Rock left foot back, rock weight back onto right
- &39      Jump left quickly to left side, then right to right side
- &40      Turning ¼ left quickly jump left in and right next to it

## STEP SLIDE, SYNCOPATED STEPS TO RIGHT

- 41-44      Take a big step to left, dragging right to it for 4 counts
- 45-46      Point right toe to right side, hold putting some weight onto right toe (on the hold you could push your right knee in)
- &47-48      Bring left foot to right foot's place, while again pointing right toe to right side, hold putting some weight onto right

## SYNCOPATED STEP, FULL TURN, GRAPEVINE, STOMP TWICE

- &49      Bring left foot to right foot's place while stepping right to right side, putting all weight on right foot
- 50-51      Step left turning ¼ right, turn half turn right putting weight onto right
- 52-53-54      Step left turning ¼, step right behind left, step left to left side
- 55-56      Stomp right in place, stomp left in place

## REPEAT

**For walls 3 and 6 counts 49-56 should be omitted to fit with music, and counts &47,48 should be**

**&** Bring left foot to right foot's place

**47** Step right  $\frac{1}{4}$  right

**48** Stomp left in place

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