

Goodbye Heartache

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Gloria Kirchner (CAN), Dianne Bishop (CAN) & Debby Wilcox (CAN)
音乐: I Know a Heartache - Jo Dee Messina



KICK STEP TOUCHES (TRAVELING SLIGHTLY FORWARD), ¼ TURNING JAZZ BOX

1&2 Kick right foot forward, and quickly step down on right foot, touch left toe to left side
3&4 Kick left foot forward, and quickly step down on left foot, touch right toe to right side
5-8 Cross right foot over left, step back on left foot, ¼ turn to the right on right foot, step together left

SHUFFLE FORWARD, ½ TURN, TOE TOUCHES, HEEL TOUCH, TOE TOUCH

9&10 Shuffle forward right-left-right
11-12 Touch left toe forward, ½ turn pivot to the right
13&14 Touch left toe left side, quickly step down on left, touch right toe to right side
&15&16 Quickly step down on right and touch left heel forward and quickly step down on left, touch right toe back

¼ TURN, COASTER STEP BACK, SHUFFLE FORWARD, ½ TURN PIVOT

17-18 Step right toe forward, ¼ turn pivot left
19&20 Step back on right & step left next to right, step forward on right
21&22 Shuffle forward left right left
23-24 Touch right toe forward, ½ turn pivot left

VAUDEVILLES, WALK, ¼ TURN

25&26&27&28 Step right over left, and quickly step back on left, touch right heel forward, and quickly step down on right foot, step left over right, and quickly step back on right, touch left heel forward
&29-30 Quickly step down on left, walk forward right, left
31-32 Touch right toe forward, pivot ¼ turn left

REPEAT

TAG

After completing dance twice, you will be on the back wall

SAILORS, ROCK RECOVERS

1&2 Step right behind left, and step left to left side, step on right
3&4 Step left behind right, and step right to right side, step on left
5-8 Rock right foot forward, recover on left, rock right foot back, recover on left

SIDE SHUFFLE, TUCK AND ½ TURN, JAZZ BOX

1&2 Shuffle to right side right-left-right
3-4 Tuck left toe behind right foot, pivot ½ turn left, with weight on left
5-8 Cross right foot over left, step back on left foot, step right foot to right side, step on left

Start the dance again from the beginning