

# Good, Better, Best

拍数: 64      墙数: 2      级数:  
编舞者: Trish Davies (AUS)  
音乐: It Don't Get Better Than This - Rodney Crowell



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- 1-4      Point right toe to right side, step right behind left, point left toe to left side, step left across right
- 5-8      Vine right - step right to right side, step left behind right, step right to right side, touch left beside right
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- 1-4      Point left toe to left side, step left behind right, point right toe to right side, step right across left
- 5-8      Vine left - step left to left side, step right behind left, step left to left side, touch right beside left
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- 1&2      Right sailor shuffle - step left behind right, step right to right side, step left to center position
- 3&4      Left sailor shuffle - step right behind left, step left to left side, step right to center position
- 5-8      Step forward on left, pivot  $\frac{1}{2}$  turn right, step forward left, step right in front of left
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- 1-2      Raise both heels & turn  $\frac{1}{4}$  turn left, drop heels
- 3-4      Raise both heels & turn  $\frac{1}{4}$  turn left, drop heels
- 5-6      Kick right front, kick right side
- 7&8      Cha-cha-cha on the spot (right-left-right)
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- 1&2      Right sailor shuffle - step left behind right, step right to right side, step left to center position
- 3&4      Left sailor shuffle - step right behind left, step left to left side, step right to center position
- 5-8      Step forward on left, pivot  $\frac{1}{2}$  turn right, step forward left, step right in front of left
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- 1-2      Raise both heels & turn  $\frac{1}{4}$  turn left, drop heels
- 3-4      Raise both heels & turn  $\frac{1}{4}$  turn left, drop heels
- 5-6      Kick right front, kick right side
- 7&8      Cha-cha-cha on the spot (right-left-right)
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- 1-2      Touch left toe across right, touch left toe to left side
- 3-4      Cross left behind right, unwind to the left & clap
- 5-6      Touch right toe across left, touch right toe to right side
- 7-8      Cross right behind left, unwind to the right & clap
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- 1-2      Left knee pop (taking weight on right pop left knee forward while raising left heel), pause
- 3-4      Right knee pop (taking weight on left pop right knee forward while raising right heel), pause
- 5-8      Alternating knee pops (left-right-left-right)

**REPEAT**

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