

Good To Go

拍数: 32 墙数: 4 级数: Improver
编舞者: Rachael McEnaney (USA)
音乐: Good to Go to Mexico - Toby Keith



Dance starts 8 counts after beat kicks in on lyrics "Baby if you're good to go"

RIGHT MAMBO FORWARD, LEFT LOCK STEP BACK, RIGHT MAMBO BACK, LEFT LOCK STEP FORWARD

1&2 Rock forward on right foot, replace weight onto left, step right next to left
3&4 Step back on left, lock right in front of left, step back on left
5&6 Rock back on right foot, replace weight onto left, step right next to left
7&8 Step forward on left, lock right behind left, step forward on left

STEP ½ PIVOT LEFT, STEP ¼ PIVOT RIGHT, KICK BALL STEP, ¼ LEFT DOING RIGHT SIDE SHUFFLE

9&10 Step forward on right foot, pivot ½ turn left, step forward on right foot
11&12 Step forward on left foot, pivot ¼ turn right, step forward on left foot
13&14 Kick right foot forward, step right foot in place, step forward on left
15&16 Pivot ¼ turn left on ball of left foot as you step right to right side, step left next to right, step right to right side

CROSS ROCK, SIDE ROCK, LEFT CROSS SHUFFLE, RIGHT TOE TOUCH OUT IN OUT, RIGHT CROSS SHUFFLE

17& Cross rock left over right, replace weight onto right,
18& Rock left foot to left side, replace weight onto right
19&20 Cross left over right, step right to right side, cross left over right
21&22 Touch right toe to right side, touch right toe next to left, touch right toe to right side
23&24 Cross right over left, step left to left side, cross right over left

LEFT TOE TOUCH, RIGHT HEEL, LEFT HEEL, & STEP ¼ PIVOT LEFT, ½ TURN STEPPING RIGHT, ½ TURN LEFT SHUFFLE

25& Touch left toe to left side, step left foot next to right
26& Touch right heel forward, step right foot next to left
27& Touch left heel forward, step left foot next to right
28-29 Step forward on right foot, pivot ¼ turn left
30 Pivot ½ turn left on ball of left foot stepping back on right
31&32 Pivot ½ turn left on ball of right foot as you shuffle forward left, right left

REPEAT