

Good To Go

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jen Gadberry (USA)
音乐: Good to Go to Mexico - Toby Keith



Pause for first 8 counts of music

SHUFFLE FORWARD RIGHT, ½ TURNS, SHUFFLE FORWARD LEFT, ½ TURNS

- 1&2 Step forward with right, step together with left, step forward with right
3 Touch left foot forward, turn ½ left keeping weight on right foot
4 Touch left foot forward, turn ½ left keeping weight on right foot
5&6 Step forward with left, step together with right, step forward with left
7 Touch right foot forward, turn ½ right keeping weight on left foot
8 Touch right foot forward, turn ¼ right, keeping weight on left foot

Arm styling:

- 3 Extend arms towards floor at sides with palms facing floor
& Bend elbows slightly
4 Push palms towards floor again

Counts 7&8 repeat

CROSS RIGHT, LEFT/RIGHT/LEFT/RIGHT WITH HITCHES

- 9 Cross step right foot over left foot
10 Point left toe to left side
11 Hitch left knee up and in (so it passes in front of right knee)
12 Point left toe to left side
&13 Step left foot next to right, point right toe to right side
&14 Step right foot next to left, point left toe to left side
&15 Step left foot next to right, point right toe to right side
&16 Hitch right knee up and in (so it passes in front of left knee), point right toe to right side

Arm styling:

- 10 Swing arms down to a 45 degree angle at the left side
11 Swing arms down to the right then continue up a 45 degree angle at the right shoulder. You should "crunch" your body slightly, bringing elbows and left knee towards each other
12 Swing arms down & back to position at count 10

CROSS SAMBA POPS, DIAGONAL KICKS, COASTER CROSS

- 17& Cross step right over left, step left to left side
18 Step right next to left as you pop up on balls of both feet & turn heels to left
19& Cross step left over right, step right to right side
20 Step left next to right as you pop up on balls of both feet & turn heels to right
21 Kick right forward across left
22 Kick right diagonally forward right
23& Step back right, step left beside right
24& Cross step right over left, slide left foot left until it touches right (feet remain crossed)

Arm styling:

- 18 With arms straight at sides push hands down with palms facing slightly back

Repeat at count 20

SYNCOPATED CROSS STEPS/SLIDES, HEEL SWIVELS, CROSS TURN, CLAPS

- 25& Step right to left side (keeping right crossed over left), slide left foot left until it touches right (feet remain crossed)
26& Repeat counts 25&

- 27 Step right to left side (keeping right crossed over left)
- &28 Swivel heels right, swivel heels left
- 29 Step left to left side
- 30 Cross step left over right
- 31 Unwind $\frac{1}{2}$ turn right
- &32 Clap hands together twice (hands should be near right shoulder keep elbows close to body)

REPEAT
