

# Good To Be Alive

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate social cha  
编舞者: Scott Schrank (USA)  
音乐: It Feels so Good - Sonique



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## SIDE STEP LEFT, CHASSE LEFT, ROCK STEP, CHASSE RIGHT

1-2      Step left to left, bring right to left, (weight is now on right)  
3&4      Step left to left, bring right to left, step left to left  
5-6      Step right over left on a slight angle left, recover weight back to left  
7&8      Step right to right, bring left to right, step right to right

## ROCK STEP, FULL TURN LEFT, ROCK STEP, LOCK STEP, STEP

1-2      Step left over right while slightly rising right foot, return weight to right  
3&4      While stepping left-right-left, make a full turn to the left  
5-6      Rock back on right, recover weight to left  
7&8      Step forward with right, lock left behind right, step forward right

## SIDE ROCK, CROSS SHUFFLE RIGHT, SIDE ROCK, CROSS SHUFFLE LEFT

1-2      Rock left to left, recover weight to right  
3&4      Step left over right, step right behind left, step left over right  
5-6      Rock right to right, recover weight to left  
7&8      Step right over left, step left behind right, step right over left

## ROCK STEP, ½ TURN LEFT, ROCK STEP, ¾ TURN RIGHT

1-2      Rock forward on left, recover weight to right  
3&4      While stepping left-right-left in place, make ½ turn to left  
5-6      Rock forward on right, recover weight to left  
7&8      While stepping right-left-right in place, make ¾ turn to right

**REPEAT**

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