

# The Good Times

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Shelley Lindsay (UK)  
音乐: Ready for the Good Times - Shakira



## **CROSS AND KICK, CROSS KICK, CROSS BALL CHANGE, CROSS BALL CHANGE**

1&2      Cross right over left, step left to left side, kick right foot diagonally right  
&3-4      Step right in place, cross left over right, kick right foot diagonally right  
5&6      Cross right over left, step to left on ball of left foot, step right out to right  
7&8      Cross left over right, step to right on ball of right foot, step left out to left

## **RIGHT SAILOR, ½ TURNING LEFT SAILOR, FULL TURN, PIVOT HALF TURN**

9&10      Step right behind left, step left out to side, step right in place  
11&12      Step left behind right as you ¼ left, rock out on right, step forward on left as you ¼ to left  
13-14      Step back on right as you ½ over left shoulder, step forward on left as you ½ turn over left shoulder  
15-16      Step forward on right, pivot ½ turn over left shoulder changing weight to left foot  
17-32      Repeat steps 1-16

## **ROCK RIGHT, LEFT, AND SIDE, STEP FORWARD, ROCK FORWARD ON LEFT, LEFT SHUFFLE BACK**

33-34      Rock right out to right, replace weight on left  
&35-36      Step right foot next to left, step left, step forward on right  
37-38      Rock forward on left, rock back on right  
39&40      Step left back, bring right to left instep, step back on left

## **TOUCH RIGHT BEHIND, ½ PIVOT STEP ON RIGHT, STEP FORWARD ON LEFT, PIVOT ½, CROSS LEFT OVER RIGHT, STEP OUT ON RIGHT, JAZZ LEFT KNEE IN, ¼ LEFT JAZZ OUT**

41-42      Touch right foot back, pivot ½ turn over right stepping on right  
43-44      Step forward on left, pivot ½ turn over right shoulder stepping on right  
45-46      Cross left over right, step out on right  
47-48      Jazz left knee in, ¼ turn to left as you turn knee out (just swivel heels to right - left foot is now in front of right)

49-64      Repeat steps 33-48

## **REPEAT**

## **TAG**

**Danced only once at the end of 2nd wall**

## **HIP SWAYS RIGHT, LEFT, LONG STEP, SLIDE, CROSS UNWIND ½ TURN**

1-2      Sway hips to the right  
3-4      Sway hips to the left  
5-6      Long step right to right side, slide left next to it  
7-8      Cross left over right, unwind ½ turn to right transferring weight to left  
9-16      Repeat counts 1-8 of tag