

The Good Times

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Ready for the Good Times - Shakira



CROSS AND KICK, CROSS KICK, CROSS BALL CHANGE, CROSS BALL CHANGE

1&2 Cross right over left, step left to left side, kick right foot diagonally right
&3-4 Step right in place, cross left over right, kick right foot diagonally right
5&6 Cross right over left, step to left on ball of left foot, step right out to right
7&8 Cross left over right, step to right on ball of right foot, step left out to left

RIGHT SAILOR, ½ TURNING LEFT SAILOR, FULL TURN, PIVOT HALF TURN

9&10 Step right behind left, step left out to side, step right in place
11&12 Step left behind right as you ¼ left, rock out on right, step forward on left as you ¼ to left
13-14 Step back on right as you ½ over left shoulder, step forward on left as you ½ turn over left shoulder
15-16 Step forward on right, pivot ½ turn over left shoulder changing weight to left foot
17-32 Repeat steps 1-16

ROCK RIGHT, LEFT, AND SIDE, STEP FORWARD, ROCK FORWARD ON LEFT, LEFT SHUFFLE BACK

33-34 Rock right out to right, replace weight on left
&35-36 Step right foot next to left, step left, step forward on right
37-38 Rock forward on left, rock back on right
39&40 Step left back, bring right to left instep, step back on left

TOUCH RIGHT BEHIND, ½ PIVOT STEP ON RIGHT, STEP FORWARD ON LEFT, PIVOT ½, CROSS LEFT OVER RIGHT, STEP OUT ON RIGHT, JAZZ LEFT KNEE IN, ¼ LEFT JAZZ OUT

41-42 Touch right foot back, pivot ½ turn over right stepping on right
43-44 Step forward on left, pivot ½ turn over right shoulder stepping on right
45-46 Cross left over right, step out on right
47-48 Jazz left knee in, ¼ turn to left as you turn knee out (just swivel heels to right - left foot is now in front of right)

49-64 Repeat steps 33-48

REPEAT

TAG

Danced only once at the end of 2nd wall

HIP SWAYS RIGHT, LEFT, LONG STEP, SLIDE, CROSS UNWIND ½ TURN

1-2 Sway hips to the right
3-4 Sway hips to the left
5-6 Long step right to right side, slide left next to it
7-8 Cross left over right, unwind ½ turn to right transferring weight to left
9-16 Repeat counts 1-8 of tag