

Good Time Hustle

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Frank Cooper (CAN)
音乐: Ready for the Good Times - Shakira



Dedicated to my darling red head from Michigan

QUICK ROCK STEP BACK, STEP ½ TURN LEFT, STEP BACK, QUICK ROCK STEP BACK, CROSS OVER, STEP SIDE

- &1-3 Rock back on right foot, recover onto left foot, step back on right foot ½ turn left, step back on left
- &4-6 Rock back on right foot, recover onto left foot, step right foot over left, step left foot to left side
- &7-12 Repeat counts &1-6

QUICK ROCK STEP BACK, WALK, WALK, SAILOR STEP ¼ TURN LEFT

- &13-15 Rock back on right foot, recover onto left foot, step forward on right foot, step forward on left foot
- 16&17 Step right foot behind left foot, step left foot ¼ turn left, step right foot to right side

SYNCOPATED WEAVE, ROCK STEP FORWARD, SYNCOPATED WEAVE, ROCK STEP FORWARD

- 18&19 Step left foot behind right, step right foot to right side, step left foot over right angling body 45 degrees to right
- 20-21 Rock forward onto right foot, recover onto left foot
- 22&23 Step right foot behind left, step left foot to left side, step right foot over left angling body 45 degrees to left
- 24-25 Rock forward onto left foot, recover onto right foot

SYNCOPATED WEAVE, ROCK STEP, TRIPLE ½ TURN RIGHT, STOMP FORWARD

- 26&27 Step left foot behind right, step right foot to right side, step forward onto left foot
- 28-29 Rock forward on right foot, recover onto left foot
- 30&31 Triple ½ turn right stepping right, left, right
- 32 Stomp left foot forward

HEEL SWITCHES, STEP FORWARD, STEP TOGETHER, HEEL SWITCHES, STEP FORWARD, STEP TOGETHER

- 33&34 Touch right heel forward, step right foot center, touch left heel forward
- &35-36 Step left foot center, step forward right foot, step left foot beside
- 37-40 Repeat counts 33-36 for counts

ROCK STEP, TRIPLE ½ TURN LEFT, FULL TURN RIGHT, SIDE ROCK & CROSS

- 41-42 Rock forward onto the right foot, recover onto the left foot
- 43&44 Triple ½ turn to the right stepping right, left, right
- 45-46 Step back on the left foot ½ turn right, step forward onto the right foot ½ turn right (optional walk forward left, right)
- 47&48 Rock left foot out to the left side, recover onto the right foot, step left foot over right

SYNCOPATED DOUBLE WEAVE, SIDE ROCK

- 49-50 Step right foot to right side, step left foot behind right foot
- &51 Step right foot to right side, step left foot over right
- 52-53 Step right foot to right side, step left foot behind right foot
- &54 Step right foot to right side, step left foot over right
- 55-56 Rock right foot out to right side, recover onto left foot

SAILOR STEP, SAILOR STEP, SAILOR STEP ¼ TURN RIGHT, TRIPLE BACK ½ TURN RIGHT

57&58 Step right foot behind left, step left foot to left side, step right foot to right side
59&60 Step left foot behind right, step right foot to right side, step left foot to left side
61&62 Step right foot behind left, step back on left foot ¼ turn right, step forward on right foot
63&64 Triple back ½ turn right stepping left, right, left

REPEAT
