

Good Ride Ledoux

拍数: 32 墙数: 4 级数: Improver
编舞者: Anita McNab (CAN)
音乐: Good Ride Cowboy - Garth Brooks



Choreographed for the 5th Annual Event of The North "Rocks" for Charity, Sudbury, Ontario

WEAVE RIGHT, SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER

1-4 Step right to side right, cross left behind, step right side right, cross left in front of right

Intermediate alternative:

1-4 Full turn right for 4 counts (a rolling vine)

5&6 Step right to side right, step left together, step right to side right)

7-8 Rock left back, recover onto right

WEAVE LEFT, SIDE SHUFFLE LEFT, ROCK BACK, RECOVER

9-12 Step left to side left, cross right behind left, step left to left side, cross right in front of left

Intermediate alternative:

11-12 Full turn left for 2 counts (a rolling vine)

13&14 Step left to side left, step right together, step left to side left)

15-16 Rock right back, recover onto left

Restart here second time facing front wall

ROCK FORWARD RIGHT, RECOVER BACK LEFT, ROCK BACK RIGHT, RECOVER FORWARD LEFT (A.K.A. ROCKING CHAIR)

17-18 Rock forward on right, recover back on left

19-20 Rock back on right, recover forward on left

RIGHT SHUFFLE ½ TURN TO LEFT, ROCK BACK LEFT, RECOVER RIGHT

21& Step ¼ turn to left on right, bring left in beside right

22 Step ¼ turn to left stepping back on right

23-24 Rock back on left, recover weight forward on right

LEFT LOCK STEP FORWARD, WITH SCUFF

25-28 Step forward on left, bring right up behind left, step forward on left, scuff right

On counts 25-28 (lock step forward, scuff) when Garth is singing, "Pull your hat down tight and just LeDoux it", bring left hand to brim of cowboy hat and tip hat by nodding head down, releasing hand to hat and looking up again, as you finish the last toe/heel (¼ turn to left) to start the dance over again

RIGHT TOE, DROP HEEL FORWARD, PIVOTING ¼ TURN LEFT - LEFT TOE, DROP HEEL

29-30 Step forward right toe, drop heel, leaning your weight forward onto right

31-32 Pivot ¼ turn left, stepping left toe forward, drop heel, leaning your weight onto left

REPEAT

RESTART

When dancing to Garth's song, and facing the front wall for the second time (12:00), do steps 1 to 16 then restart at count 1 again