

Good Ride

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Judi Satterfield (USA)
音乐: Good Ride Cowboy - Garth Brooks



HEEL TOUCHES, TOE TOUCHES, KICK BALL CHANGES

1-2 Right heel forward, touch 2 times
3-4 Right toe back, touch 2 times
5&6 Kick right forward, step right beside left, step onto left in place
7&8 Repeat 5&6

RIGHT SHUFFLE, ROCK, LEFT SHUFFLE, ROCK

1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock back on left, return weight to right foot
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock back on right, return weight to left foot

SCUFFS, PIVOT ¼ TURN LEFT, STOMP

1-2 Scuff right forward and step
3-4 Scuff left forward and step
5-6 Step right forward, pivot ¼ turn left
7-8 Stomp right, left

RIGHT SAILOR SHUFFLE, ½ TURN LEFT, LEFT SAILOR SHUFFLE

1&2 Right sailor (right behind left, left to left, right beside left) while making ½ turn left
3&4 Left sailor (left behind right, right to right, left beside right)
5&6 Repeat 1&2
7&8 Repeat 3&4

Option: in counts 1&2 and 5&6 the ½ turn left can be omitted

TOE POINTS, CROSSES, PIVOT ½ TURN LEFT, SHUFFLE

1-2 Point right toe to right, cross right over left, right taking weight
3-4 Point left toe to left, cross left over right, left taking weight
5-6 Step right forward, pivot ½ turn left
7&8 Shuffle forward right, left, right

TOE POINTS, CROSSES, PIVOT ¼ TURN RIGHT, SHUFFLE

1-2 Point left toe to left, cross left over right, left taking weight
3-4 Point right toe to right, cross right over left, right taking weight
5-6 Step left forward, pivot ¼ turn right
7&8 Shuffle left, right, left

SUGAR FOOT RIGHT, RIGHT TOE TOUCH, STOMP, SUGAR FOOT LEFT, LEFT TOE TOUCH, STOMP

1-4 Touch right toe to left instep, touch right heel to left instep, touch right toe, stomp right beside left (moving slightly to right)
5-8 Touch left toe to right instep, touch left heel to right instep, touch left toe, stomp left beside right (moving slightly to left)

SCUFF STEPS, SCUFF HITCHES, STOMP

1-2 Scuff right foot forward and step
3-4 Scuff left foot forward and step
5-6 Scuff right foot forward and hitch right knee up (don't put foot down)

7&8

Jump back on left foot with right knee hitch, stomp right foot beside left

REPEAT
