

Good Hearted Man

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate cha cha
编舞者: Dan Albro (USA)
音乐: Good Hearted Man - Tift Merritt



STEP SIDE, ROCK, REPLACE, ¼ SHUFFLE, ROCK, REPLACE, FULL TURN

1-2-3 Step side left, rock back on right angling shoulders ¼ turn right, replace weight on left
4&5 Turning ¼ left shuffle side right, left, right (to face 9:00 wall)
6-7 Rock left behind right, replace weight on right
8& Turn ¼ right stepping back on ball of left, turn ½ right stepping forward on ball of right
1 Turn ¼ right stepping side on left

Full turn right traveling towards 6:00 wall finish facing 9:00 wall

ROCK, REPLACE, TOUCH, TURN, TOUCH & TOUCH, KICK BALL STEP

2-3-4 Rock back on right, replace weight on left, touch right toe side
5-6 Turn ¼ right (12:00) stepping on right, touch left toe side
&7-8& Step left next to right, touch right toe side, kick right forward (low), step on ball of right next to left
1 Step forward on left

ROCK, ½ TURN, SHUFFLE, ROCK, ½ TURN, SHUFFLE

2-3-4&5 Rock forward right, turn ½ right replacing weight on left, shuffle forward right, left, right
6-7-8&1 Rock forward left, turn ½ left replacing weight on right, shuffle forward left, right, left

ROCK STEP, BACK, LOCK, BACK, ¼ TURN LEFT, TOUCH, TOUCH, ½ TURN

2-3-4&5 Rock forward right, replace weight on left, step back right, cross left over right (lock) step back on right
6-8& Turn ¼ left lunging side left, touch right next to left, touch right toe side, turn ½ right on ball of right foot

REPEAT

This dance can be done to many cha-chas. When danced to Good Hearted Man the music slows down at the very end when you are dancing the first set of 8. As the music slows down, finish full turn with music weight ending on left. When she says "hearted" push your weight to your right, when she says "man" start the dance over from the beginning.