

Good Day

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kirsteen Currie (UK)
音乐: A Good Day to Run - Darryl Worley



FULL ROLLING TURN RIGHT TOUCH, FULL ROLLING TURN LEFT TOUCH

- 1-4 Step right foot $\frac{1}{4}$ right, turn $\frac{1}{2}$ right and step back on left, turn $\frac{1}{4}$ turn right and touch left beside right
- 5-8 Step left foot $\frac{1}{4}$ right, turn $\frac{1}{2}$ left and step back on right, turn $\frac{1}{4}$ turn left and touch right beside left

RIGHT SIDE, TOUCH, LEFT SIDE, TOUCH, FORWARD, TOUCH, BACK, TOUCH

- 1-2 Step right to right side, touch left beside right
- 3-4 Step left to left side, touch right beside left
- 5-6 Step forward right, touch left beside right
- 7-8 Step back left, touch right beside left

KICK, KICK BEHIND SIDE CROSS, KICK, KICK BEHIND SIDE CROSS

- 1-2 Kick right foot forward twice
- 3&4 Step right behind left, cross right over left
- 5-6 Kick forward left twice
- 7&8 Step left behind right, cross left over right

RIGHT SIDE ROCK, SAILOR $\frac{1}{4}$ TURN, PIVOT RIGHT, LEFT SHUFFLE

- 1-2 Rock right to right side
- 3&4 Cross right behind left, step right to right side, step $\frac{1}{4}$ turn right
- 5-6 Step left forward pivot $\frac{1}{2}$ turn right
- 7&8 Step forward on left, step right behind left, step forward on left

REPEAT
