

Good As I Once Was

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 2 级数: Improver west coast swing
编舞者: GYTAL (USA)
音乐: As Good As I Once Was - Toby Keith



JAZZ BOX WITH TOUCH, TOUCH OUT, TOUCH IN, ¼ TURN TO LEFT SHUFFLE

1-4 Cross right over left, step back on left, step right next to left, touch left toe to right instep
5-6 Touch left toe to left side, touch left toe to right instep
7&8 Step left ¼ turn to left, step right, step left (left shuffle)

ROCK FORWARD ON RIGHT, RECOVER BACK ON LEFT, RIGHT COASTER STEP, STEP LEFT FORWARD, ½ TURN RIGHT, LEFT SHUFFLE

9-12 Rock forward on right foot, rock back on left, step right foot back, step left back next to right, step right forward
13-14 Step forward on left turn ½ to right shifting weight to right foot
15&16 Shuffle forward left-right-left

JAZZ POINTS FORWARD & BACK

17-18 Touch right to right, cross & step right in front of left
19-20 Touch left to left, cross & step left in front of right
21-22 Touch right to right, cross & step right behind left
23-24 Touch left to left, cross & step left behind right

ROCK FORWARD ON RIGHT, RECOVER BACK ON LEFT, ¼ TURN TO RIGHT SHUFFLE, JAZZ BOX WITH A RIGHT SCUFF

25-26 Rock forward on right foot, recover back on left
27&28 Step right ¼ to right, step left, step right (shuffle)
29-32 Step left over right, step back on right, step left next to right, scuff right forward

REPEAT
