

Gonna Take That Mountain

COPPER KNOB
BY STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Kath Cochrane
音乐: I'm Gonna Take That Mountain - Reba McEntire



SIDE, BEHIND, SIDE SHUFFLE, CROSS ROCK, RECOVER, 1&¼ TRIPLE LEFT

1-2-3&4 Step right to side, cross left behind, step right to side, step left together, step right side
5-6-7&8 Cross rock left over right, recover, turn ¼ left step onto left, turn ½ left step back onto right, turn ½ turn left step forward onto left

ROCK, RECOVER, BACK LOCK, ¼ ROCK BACK, RECOVER, CROSS SHUFFLE

1-2-3&4 Rock forward onto right, recover, step right back, cross step left over right, step right back
5-6-7&8 Turn ¼ left rock onto left, recover (now facing 6:00), cross left over right, step onto right, cross step left over right

¾ TURN LEFT, ¼ SIDE SHUFFLE, CROSS ROCK, RECOVER, FULL TURN LEFT TRIPLE

1-2-3&4 Turn ¼ turn left step back on right, turn ½ turn left step forward onto left, turn ¼ turn left step right to side, step left together, step right to side
5-6-7&8 Cross rock left over right, recover, turn ¼ left step onto left, turn ½ left step back onto right, turn ¼ left step onto right

CROSS ROCK, RECOVER, RIGHT COASTER LEFT KICK BALL CHANGE, LEFT KICK BALL CHANGE

1-2-3&4 Cross rock right over left, recover, step right back, step left together, step right forward
5&6-7&8 Kick left across right, step onto ball of left, change weight to right, repeat

STEP ONTO LEFT, ROCK RIGHT FORWARD, RECOVER, ROCK RIGHT BACK, RECOVER, SCUFF HITCH, STOMP RIGHT, LEFT KICK BALL CHANGE

&1-2-3-4 Step onto left, rock forward onto right (angle body left diagonal,) recover, rock back onto right (angle body right diagonal) recover
5&6-7&8 Scuff right forward (sweep/slap right hand in across thigh) hitch right, (sweep/slap right hand out across thigh), stomp right to right side, kick left across right, step onto left, step onto right

STEP, SLIDE TOGETHER, ¾ TRIPLE TURN RIGHT, CROSS STEP RIGHT, CROSS STEP LEFT, RIGHT SHUFFLE FORWARD

1-2-3&4 Large step left to side, slide step right together, turn ¼ right step back onto left, ½ turn right step forward onto right, step forward onto left
5-6-7&8 Cross step right over left, cross step left over right, step right forward, step left together, step right forward

SIDE ROCK, RECOVER, CROSS SHUFFLE, ¼ LEFT, SIDE STEP, CROSS SHUFFLE

1-2-3&4 Side rock onto left, recover, cross left over right, step right to side, cross step left over right
5-6-7&8 ¼ turn left step back on right, step left to side, step right across in front of left, step left to the side, step right across in front of left

SIDE ROCK, ½ TURN LEFT, LEFT SIDE SHUFFLE, SWEEP RIGHT ½ LEFT STEP DOWN, LEFT SAILOR STEP

1-2-3&4 Side rock onto left, hinge ½ turn left on right foot, step left to side, step right together, step left to side
5-6-7&8 Sweep right around into ½ turn left, step down on right, step left back behind right, step right to the side, step left to center

RIGHT SCUFF HITCH STOMP, LEFT SCUFF HITCH STOMP, RIGHT KICK BALL CHANGE, RIGHT SHUFFLE FORWARD

- 1&2-3&4 Scuff right forward (sweep/slap right hand in across thigh) hitch right, (sweep/slap right hand out across thigh), stomp right to right side, repeat on left
- 5&6-7&8 Kick right forward, step onto right, step onto left, step right forward, step left together, step right forward

LEFT KICK BALL CHANGE, LEFT SHUFFLE FORWARD, RIGHT TOE BEHIND, UNWIND ½ RIGHT, SIDE, ROCK CROSS

- 1&2-3&4 Kick left forward, step onto left, step onto right, step left forward, step right together, step left forward
- 5-6-7&8 Cross right behind left, unwind ½ turn right weight right, step left to side, rock onto right, cross step left over right

REPEAT

TAG

On the third wall to keep the dance in sync, replace the 8 counts from 25-32 with the following (same as counts 65-74)

RIGHT SCUFF HITCH STOMP, LEFT SCUFF HITCH STOMP, RIGHT KICK BALL CHANGE, RIGHT SHUFFLE FORWARD

- 1&2-3&4 Scuff right forward (sweep/slap right hand in across thigh) hitch right, (sweep/slap right hand out across thigh), stomp right to right side, repeat on left
- 5&6-7&8 Kick right forward, step onto right, step onto left, step right forward, step left together, step right forward

LEFT KICK BALL CHANGE

- 1&2-3&4 Kick left forward, step onto left, step onto right
- Then carry on the dance from &33 till the end
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