

Gonna Make You Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Karen Looker (UK)
音乐: Gonna Make You Sweat - C&C Music Factory



POINT SIDE AND SIDE AND SIDE, HITCH, DOWN, LEFT COASTER ¼ TURN TOUCH, LEFT KICK AND STEP

- 1& Touch right toe to right side, step right beside left
- 2& Touch left toe to left side, step left beside right
- 3&4 Touch right toe to right side, hitch right knee, replace right foot
- 5&6 Step back left making ¼ turn to the left, step right beside left, point left toe forward (keeping weight on right foot)
- 7&8 Kick left foot forward, replace next to right foot, step forward right

ROCK FORWARD, RECOVER, LOCK STEP BACK, SWEEP (OPTIONAL SHOULDERS ROLLS) HOLD, HEELS OUT, IN

- 1 Rock forward on the left foot
- 2 Recover on the right foot
- 3&4 Step left foot back, lock right foot in front of left foot, step back left
- 5&6 Sweep right foot from in front of left foot to behind left foot replacing weight
- 7 Hold
- 8 Point heels out, bring heels back in place

Optional for counts 5&6 while sweeping the foot round roll the shoulders backwards right then left

POINT RIGHT, FORWARD KICK, COASTER STEP ½ PIVOT TURN, 2 X SQUATS

- 1 Point right foot forward
- 2 Kick right foot forward
- 3&4 Step back right, step left beside right, step forward right straight into a pivot ½ turn over left shoulder
- 5&6 Bend knees to a squat position, stand up straight
- 7&8 Repeat 5&6

Alternatively you can do a body roll over counts 5,6,7,&8

MONTEREY TURN, 2 PIVOT TOUCHES, CROSS KICK, CROSS POINT

- 1-2 Point right foot to right side, make ½ turn over right shoulder, step right next to left
- 3&4 Make ¼ turn right touching left toe to side, make ¼ turn right touching left toe to side
- 5 Step left foot across right foot
- 6 Kick right foot to right diagonal
- 7 Step right foot across left foot
- 8 Point left toe to left side

REPEAT
