

Gone & Done It

拍数: 56 墙数: 2 级数: Improver
编舞者: Pauline Morgan (UK)
音乐: Love Gets Me Every Time - Shania Twain



SIDE, HOLD, BEHIND, SIDE, TOUCH

- 1-2 Right foot step to right side, hold
- &3-4 Cross left behind right, step right to the side, touch left beside right
- 5-6 Left foot step to left side, hold
- &7-8 Cross right behind left, step left to the side, touch right beside left

SWITCHES, CLAP, SHUFFLE, STOMPS

- 9& Touch right heel forward, replace beside left
- 10& Touch left heel forward, replace beside right
- 11-12 Touch right heel forward, hold and clap
- 13&14 Right shuffle forward (right-left-right)
- 15-16 Stomp left, stomp right

SWITCHES, CLAP, SHUFFLE, STOMPS

- 17-24 Repeat 9-16 starting with left

HIP BUMPS, HEEL TOUCH, CLAP

- 25-26 Step right foot to the side as you bump right hip twice
- 27 Touch left heel diagonally forward
- 28 Hold and clap

HIP BUMPS, HEEL TOUCH, CLAP

- 29-32 Repeat 25-28 starting with left foot and hip bumps

ROLL RIGHT AND LEFT

- 33-36 Roll to right on right-left-right, touch left
- 37-40 Roll to left on left-right-left, touch right

KICKS, STEP TURN BACKWARDS

- 41-42 Kick right foot forward twice
- 43-44 Touch right toe back, pivot ½ turn right
- 45-46 Kick left foot forward twice, touch left
- 47-48 Touch left toe back, pivot ½ turn left

SHUFFLE, STEP TURN, SHUFFLE, STOMPS

- 49&50 Right shuffle forward right-left-right
- 51-52 Step forward on left, pivot ½ turn right
- 53&54 Left shuffle forward, left-right-left
- 55-56 Stomp right, Stomp left

REPEAT