Gomanasai



编舞者: Zanda Berezina 音乐: Gomanasai - Tatu



SHUFFLE TO RIGHT, ROCK, SHUFFLE TO LEFT, ROCK

1-2 Shuffle to right side3-4 Rock back to left5-6 Shuffle to left side

7-8 Rock back to right (weight on left)

KICK BALL CHANGE 2X ON RIGHT, PIVOT 1/2, SHUFFLE FORWARD TO RIGHT

1-2 Kick ball change on right forward(weight on left)3-4 Kick ball change on right forward(weight on left)

5-6 Pivot ½ to left

7-8 Shuffle forward on right

CROSS ROCK LEFT OVER RIGHT, CROSS ROCK RIGHT OVER LEFT, LEFT DIAGONALLY, RIGHT DIAGONALLY

1-2 Cross rock over right(weight on left)
3-4 Cross rock over left(weight on right)

5-6 Left diagonally forward7-8 Right diagonally forward

ROCK STEP, FULL TURN TO LEFT, ROCK STEP SHUFFLE BACK

1-2 Rock step on left
3-4 Make full turn to left
5-6 Rock step forward on right
7-8 Shuffle back on right

ROCK STEP LEFT, SHUFFLE, PIVOT ½ 2X, COASTER STEP

1-2 Rock step back on left
3-4 Shuffle forward on left
5 6 Divisit 1/ on right

5-6 Pivot ½ on right

7-8 Pivot ½ on right (weight on left)

REPEAT