Golden Waltz

拍数: 48

级数: Improver waltz

编舞者: Rachel Wadey (UK)

音乐: Captured (By Love's Melody) - Rick Tippe

RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE WITH 1/4 TURN LEFT

- 1-2 Cross right over left step left to side turning body slightly right
- 3 Step right to side
- 4-5 Cross left over right turning 1/4 left step right to side
- Step left to side 6

RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE WITH ¼ TURN LEFT

- 7-8 Cross right over left step left to side turning body slightly right
- 9 Step right to side
- 10-11 Cross left over right turning 1/4 left step right to side
- 12 Step left to side

STEP FORWARD, RONDE, CROSS, DRAG DIAGONALLY BACK

- 13 Step right forward
- 14-15 Ronde left foot outwards and forward and cross in front of right
- 16-18 Take a long step diagonally back with right and slowly drag left to right

OPEN TURN TO LEFT, RIGHT CROSS TWINKLE

- 19 Turn 1/4 left and step left forward
- 20 Turn 1/4 left and step right to side
- 21 Turn 1/2 left and step left to side
- 22-23 Cross right over left step left to side turning body slightly right
- Step right to side 24

STEP FORWARD, RONDE, CROSS, DRAG DIAGONALLY BACK

- 25 Step left forward
- 26-27 Ronde right foot outwards and forward and cross in front of left
- Take a long step diagonally back with left and slowly drag right to left 28-30

OPEN TURN TO RIGHT, LEFT CROSS TWINKLE

- 31 Turn ¼ right and step right forward
- 32 Turn 1/4 right and step left to side
- 33 Turn ¹/₂ right and step right to side
- 34-35 Cross left over right step right to side turning body slightly left
- 36 Step left to side

STEP FORWARD, KICK, CROSS, 2 STEPS BACK AND CLOSE

- Step forward right kick left forward. Cross left in front of right 37-39
- 40-42 Step back right step back left close right to left

STEP FORWARD, KICK, CROSS, 2 STEPS BACK AND CLOSE

- 43-45 Step forward left kick right forward. Cross right in front of left
- 46-48 Step back left step back right close left to right

REPEAT

Optional on counts 19-21 would be to dance 3 steps of a left vine Optional on counts 31-33 would be to dance 3 steps of a right vine





墙数: 2