

Golden Waltz

拍数: 48 墙数: 1 级数: Beginner waltz
编舞者: Ira Weisburd (USA) - March 2018
音乐: Isadora - Paul Mauriat



Introduction: 30 counts @ approximately 18 sec. Rhythm: 3/4 time —Waltz

NO TAGS !! NO RESTARTS !!

The song is a tribute to Isadora Duncan, who is considered by many as the "Mother of Modern Dance".

PART I. (SIDE, BACK, RECOVER; SIDE, BACK, RECOVER)

1-3 Step R to R, Step L back, Recover forward onto R
4-6 Step L to L, Step R back, Recover forward onto L

PART II. (SIDE, CROSS, RECOVER; *SIDE, CROSS, RECOVER)

1-3 Step R to R, Step L across R, Recover back onto R
4-6 Step L to L, Step R across L, Recover back onto L (*Option: Full L Turn on counts 4-6)

PART III. (BACK, TOGETHER, FORWARD; FORWARD CROSS, SIDE, TOGETHER)

1-3 Step R back, Step-close L beside R, Step R forward
4-6 Step L across R, Step R to R, Step-close L beside R

PART IV. (FORWARD CROSS, SIDE, TOGETHER; FORWARD CROSS, SIDE, TOGETHER)

1-3 Step R across L, Step L to L, Step-close R beside L
4-6 Step L across R, Step R to R, Step-close L beside R

PART V. (FORWARD CROSS, POINT, HOLD; FORWARD CROSS, POINT, HOLD)

1-3 Step R across L, Point L to L, Hold
4-6 Step L across R, Point R to R, Hold

PART VI. (1/4 R, 1/4 R, SIDE; BACK, TOGETHER, FORWARD)

1-3 Step R to R making 1/4 R Turn (3:00), Step L forward making 1/4 R Turn (6:00), Step R to R
4-6 Step L back, Step-close R beside L, Step L forward

PART VII. (FORWARD CROSS, POINT, HOLD; FORWARD CROSS, POINT, HOLD)

1-3 Step R across L, Point L to L, Hold
4-6 Step L across R, Point R to R, Hold

PART VIII. (1/4 R, 1/4 R, SIDE; BACK, TOGETHER, FORWARD)

1-3 Step R to R making 1/4 R Turn (9:00), Step L forward making 1/4 R Turn (12:00), Step R to R
4-6 Step L back, Step-close R beside L, Step L forward

BEGIN DANCE.

Contact: dancewithira@comcast.net
Last Update - 28 April 2021